

INSTRUCTION SHEET

WALKTOBER WALK-TO-SCHOOL WEDNESDAY 21 OCTOBER 2009

To ensure entry into the competition, please follow these instructions

Step 1: Principal's Office

- Photocopy the Classroom Participation Form and distribute one per classroom.

Step 2: Classroom

- Teacher to fill out the Classroom Participation Form on the day prior to the Walk-to-School event and the day of the Walk-to-School event.
- Teacher to return the completed Classroom Participation Form to the principal's office or nominated staff for collation.

Step 3: Principal's Office or nominated staff

- Principal or nominated staff to collate all the classroom results onto the **yellow** school entry form and fax back to VicHealth (F: 9667 1375) **OR** enter online at www.vichealth.vic.gov.au/walktober.
 - Entries close 5pm Monday 26 October 2009.
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PLEASE NOTE

For a fair competition

VicHealth appreciates that it may not be possible for all schools to run this activity on Wednesday 21 October. Please consider hosting the Walk-to-School event on a suitable day during the week of 19 to 23 October.

The aim of the competition is to encourage children to travel to school in an active manner, so for the purposes of this competition 'walking' includes riding bikes, scooters, skateboards, horses and travel to school by other physically active means. If your students live a long way from school, encourage them to walk part of the way.

To ensure that schools are not penalised for absent children, a student who is absent on the day or who is physically unable to walk shall be counted as a student who walked on the day.

Prizes

Prizes will be awarded based on the number of students who walk to school on the day, as a percentage of the total number of students enrolled.

1. All schools that participate in Walktober Walk-to-School 2009 will go in a draw for the chance to win one of two *Tabloid Sports Carnivals*.
2. The two schools that demonstrate the greatest increase in the proportion of the student population walking to school on Walktober Walk-to-School Day compared with the day prior will win the *Golden Shoe Award* for one year.
3. The top 10 schools from each category to achieve the greatest proportion of the student population walking to school on Walktober Walk-to-School Day will win a \$300 *HART Sport* equipment voucher. The school's enrolment figure will determine which one of the prize categories is relevant.
Prize category 1 - School enrolment = 1 to 199 students.
Prize category 2 - School enrolment = 200 to 349 students.
Prize category 3 - School enrolment = 350 students and above.

Terms and Conditions

1. Entry is free and is open to all Victorian primary schools. This includes P-12 schools.
2. To enter, each school must either enter online via www.vicheath.vic.gov.au/walktober OR fax the official entry form to VicHealth on 03 9667 1375 by 5pm on Monday 26 October 2009.
3. Information kits will be sent to all primary schools in Victoria.
4. Competition starts Monday 19 October 2009 and ends Friday 23 October 2009.
5. To enter, schools must provide the number of children who walked to school on the day prior to and the day of Walktober Walk-to-School and identify the school's enrolment figure on the entry form.
6. For the purpose of this competition, a student who is absent on the day or who is physically unable to walk shall be counted as a student that walked on the day.
7. The aim of the competition is to encourage children to travel to school in an active manner so for the purposes of this competition 'walking' includes riding bikes, scooters, skateboards, horses and travel to school by other physically active means. If a student lives too far away from school to walk, they may walk part of the way.
8. If schools are not able to walk on Wednesday 21 October 2009, they may elect to walk on another day in the week starting Monday 19 October 2009 and finishing Friday 23 October 2009. If a school holds the day on Monday 19 October, the day prior score will be counted on Friday 16 October 2009.
9. Prizes include:
 - a) All schools that participate in Walktober Walk-to-School 2009 will go in to a draw for the chance to win one of two *Tabloid Sports Carnivals*.
 - b) The 2 schools that demonstrate the greatest increase in the proportion of the student population walking to school on Walktober Walk-to-School Day compared with the day prior will win the *Golden Shoe Award* for one year.
 - c) The top 10 schools from each category to achieve the greatest proportion of the student population walking to school on Walktober Walk-to-School Day will win a \$300 *Hart Sport* equipment voucher. The school's enrolment figure will determine which one of the prize categories is relevant.

Prize category 1 - School enrolment = 1 to 199 students.
Prize category 2 - School enrolment = 200 to 349 students.
Prize category 3 - School enrolment = 350 students and above.
10. Prize Details:
 - a. **\$300 sports voucher:** \$300 voucher from HART Sport. Redeemable from HART Sport (www.hartsport.com.au), PO Box 379 Virginia BC QLD 4014, Ph (07) 3863 6000. Valid for 12 months from date of issue – no extensions permitted. Non-refundable and non-transferable and cannot be taken as cash. Cannot be replaced if lost. Any residual value will be supplied in the form of another voucher. Voucher can be used to cover freight costs and GST.
 - b. **Tabloid Sports Carnival:** A three hour Tabloid Sports Carnival run at the school. Redeemable from Tabloid Sports Carnivals Unit Trust (www.tabloidssportscarnivals.com), PO Box 1001, Upwey VIC 3158, Ph (03) 9754 8466, Fax (03) 9754 8566. Tabloid Sports Carnival will be run for the whole school. Value will depend on school size and is calculated at \$4 per head with a minimum value of \$400 and a maximum value of \$5000. Valid for 24 months from the date of issue. In the event of extreme heat (37°C plus) or a wash out, the carnival will be rescheduled. Non-refundable and non-transferable and cannot be taken as cash.
 - c. In the event that more schools are eligible to win by way of equal results than there are prizes within that category, schools will be placed in a draw where by the winners will be chosen in order of the draw until all prizes have been awarded.
 - d. If more than two schools are eligible to win the *Golden Shoe*, they will go into a draw and the winner(s) will be chosen in order of the draw.
11. Prize winners will be determined on Thursday 29 October 2009. The winners of the Tabloid Sports Carnivals will be drawn at VicHealth (15-31 Pelham Street Carlton 3053) at 2pm on Thursday 29 October 2009.
12. All winners will be notified by mail.
13. Information provided on entry forms may be used by VicHealth for the purpose of promoting Walktober Walk-to-School.