

Media Release

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FUNDING HITS A SIX FOR GRASSROOTS SPORTING CLUBS

Hundreds of sporting and recreation clubs across Victoria have received a share in almost \$1 million in the latest round of VicHealth's Active Club Grants, an initiative to encourage participation in physical activity.

VicHealth CEO Jerril Rechter said the money will make a significant difference to the clubs and local communities.

"Successful applicants can now put up to \$10,000 towards essential equipment and safety gear in a bid to encourage participation in physical activity," Ms Rechter said.

"Whether it's through new equipment, safety gear, balls or bats – there are so many communities across the state that will benefit from these grants.

"Sports and active recreation clubs are a great way to find like-minded people in your local community and get the recommended two-and-a-half hours per week of moderate exercise for adults.

"Our goal is to get 300,000 more Victorians taking part in physical activity by 2023," Ms Rechter said.

In the last 10 years alone, VicHealth has provided more than \$14 million to thousands of Victorian organisations through Active Club Grants, providing more than one-million club members with access safer and better equipped clubs.

Minister for Health Jill Hennessy said VicHealth's Active Club Grants would help more Victorians become involved in local clubs and reap the health benefits of physical activity.

"We want to support all Victorians to move more and live healthier lives and the Active Club Grants are a fantastic way to help everyone get involved," Ms Hennessy said.

"Not only do the grants encourage more people to get involved, they help our local sporting clubs continue to play and compete."

For more information on VicHealth's Active Club Grants, or to see the full list of local clubs that have received a grant in round two, please visit www.vichealth.vic.gov.au/activeclub.

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