

# Action Agenda for Health Promotion 2019–23 Resources

A list of the resources and links referred to in the Action Agenda booklet.

## **A healthy Victoria** (Page 6)

VicHealth Action Agenda for Health Promotion

[www.vichealth.vic.gov.au/media-and-resources/publications/action-agenda-for-health-promotion](http://www.vichealth.vic.gov.au/media-and-resources/publications/action-agenda-for-health-promotion)

VicHealth Action Agenda for Health Promotion: 2016 Update

[www.vichealth.vic.gov.au/media-and-resources/publications/2016-action-agenda](http://www.vichealth.vic.gov.au/media-and-resources/publications/2016-action-agenda)

## **Action Agenda Framework 2019–2023** (Page 8)

Interactive Action Agenda Framework

<https://www.vichealth.vic.gov.au/actionagenda>

## **Case Study: This Girl Can – Victoria** (Page 12)

This Girl Can – Victoria

<https://thisgirlcan.com.au>

## **Encourage regular physical activity** (Page 13)

VicHealth's Physical Activity Strategy

[www.vichealth.vic.gov.au/physical-activity-strategy](http://www.vichealth.vic.gov.au/physical-activity-strategy)

## **Prevent tobacco use** (Page 14)

VicHealth's Tobacco Strategy

[www.vichealth.vic.gov.au/media-and-resources/publications/vichealth-tobacco-strategy](http://www.vichealth.vic.gov.au/media-and-resources/publications/vichealth-tobacco-strategy)

## **Improve mental wellbeing** (Page 15)

Megatrends

<https://www.vichealth.vic.gov.au/-/media/ResourceCentre/PublicationsandResources/Mental-health/Youth-Megatrends-Report.pdf?la=en&hash=3D8EC92772E518FE869BB5D44A2ADB5D4FF7AC6>

National Community Attitudes Survey

[www.vichealth.vic.gov.au/search/2013-national-community-attitudes-towards-violence-against-women-survey](http://www.vichealth.vic.gov.au/search/2013-national-community-attitudes-towards-violence-against-women-survey)

National Prevention Framework

[www.ourwatch.org.au/What-We-Do/National-Primary-Prevention-Framework](http://www.ourwatch.org.au/What-We-Do/National-Primary-Prevention-Framework)

The economic case for preventing violence against women

[www.pwc.com.au/publications/economic-case-preventing-violence-against-women.html](http://www.pwc.com.au/publications/economic-case-preventing-violence-against-women.html)

De-biasing Language in Job Advertisements

[www.vic.gov.au/sites/default/files/2019-01/Recruit-Smarter-Report-of-Findings.pdf](http://www.vic.gov.au/sites/default/files/2019-01/Recruit-Smarter-Report-of-Findings.pdf)

Behavioural Insights and Gender Equality

[www.vichealth.vic.gov.au/-/media/ResourceCentre/PublicationsandResources/Knowledge/What-Works-Case-Studies-Document.pdf](http://www.vichealth.vic.gov.au/-/media/ResourceCentre/PublicationsandResources/Knowledge/What-Works-Case-Studies-Document.pdf)

Safe and Strong


[www.vic.gov.au/safe-and-strong-victorian-gender-equality](http://www.vic.gov.au/safe-and-strong-victorian-gender-equality)

Free from Violence

[www.vic.gov.au/building-strength-10-year-industry-plan](http://www.vic.gov.au/building-strength-10-year-industry-plan)

VicHealth's Mental Wellbeing Strategy

[www.vichealth.vic.gov.au/media-and-resources/publications/mental-wellbeing-strategy](http://www.vichealth.vic.gov.au/media-and-resources/publications/mental-wellbeing-strategy)



### **Promote healthy eating** (Page 16)

Victoria's Citizens' Jury on Obesity

[www.vichealth.vic.gov.au/media-and-resources/publications/victorias-citizens-jury-on-obesity-insights-report](http://www.vichealth.vic.gov.au/media-and-resources/publications/victorias-citizens-jury-on-obesity-insights-report)

VicHealth's Healthy Eating Strategy

<https://www.vichealth.vic.gov.au/media-and-resources/publications/vichealths-strategic-approach-to-healthy-eating>

### **Prevent harm from alcohol** (Page 17)

No excuse needed

[www.vichealth.vic.gov.au/programs-and-projects/no-excuse-needed-campaign](http://www.vichealth.vic.gov.au/programs-and-projects/no-excuse-needed-campaign)

Alcohol Cultures Framework

[www.vichealth.vic.gov.au/media-and-resources/publications/alcohol-cultures-framework](http://www.vichealth.vic.gov.au/media-and-resources/publications/alcohol-cultures-framework)

Top Spin

<https://topspinvic.com.au/>

VicHealth's Alcohol Strategy

[www.vichealth.vic.gov.au/media-and-resources/publications/vichealth-alcohol-strategy](http://www.vichealth.vic.gov.au/media-and-resources/publications/vichealth-alcohol-strategy)

### **Promote health equity, research and the arts** (Page 18)

#### **Health equity**

[www.vichealth.vic.gov.au/media-and-resources/publications/the-vichealth-framework-for-health-equity](http://www.vichealth.vic.gov.au/media-and-resources/publications/the-vichealth-framework-for-health-equity)

VicHealth's Health Equity Strategy

[www.vichealth.vic.gov.au/media-and-resources/publications/vichealth-health-equity-strategy](http://www.vichealth.vic.gov.au/media-and-resources/publications/vichealth-health-equity-strategy)

#### **Research with impact**

VicHealth's Research Strategy

[www.vichealth.vic.gov.au/media-and-resources/publications/vichealth-research-strategy](http://www.vichealth.vic.gov.au/media-and-resources/publications/vichealth-research-strategy)

#### **Arts participation**

VicHealth's Arts Strategy

[www.vichealth.vic.gov.au/media-and-resources/publications/arts-strategy](http://www.vichealth.vic.gov.au/media-and-resources/publications/arts-strategy)



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