

## State Sporting Associations – Data Management Project

The ability to capture accurate membership data has been a challenge for the Victorian sport and recreation sector for many years.

This issue was highlighted during the University of Ballarat’s evaluation of the 2003–2007 Partnerships for Health Scheme which reported 40% of State Sporting Associations (SSAs) were unable to provide accurate membership data on an annual basis. As a result, VicHealth entered into discussion with the Department for Victorian Communities (DVC) to explore opportunities to improve data collection.

VicSport was commissioned to analyse existing participation data, collect baseline information on membership systems, examine a select number of sports and provide recommendations on database management and reporting systems for SSAs.

Over 50 SSAs provided information on their membership systems. Some were using sophisticated data management products while others were using paper-based systems.

The project identified the need:

- to include qualitative data such as ‘Come and Try Days’ and other activities in sports management systems, and
- for a more systematic approach to data collection and analysis in the sector.

## ACTIVE TRANSPORT

### Walktober

*Walktober* aims to increase individual and broader community awareness of the benefits of walking and to promote relevant programs and activities occurring in the month of October.

The 2006 pilot program, funded by VicHealth, was managed by Kinect Australia – formerly VicFit – and focused on raising awareness of *Walktober* in Victoria, and establishing it as an annual event linked with the International Walk to School month (October). It also built a public presence around the Melbourne Walk21 international conference held on 23–25 October 2006.

Over 300 coordinating organisations at State and local levels joined their activities to the Walktober brand. Many of these organisations coordinated the delivery of multiple programs in communities.

*Walktober* was strongly supported by print media and radio with more than 110 stories referencing *Walktober 2006* appearing during the campaign period. The media featured various walking issues, including stories on the Melbourne Walk21 conference.

### Walktober Walk To School Challenge 2006

VicHealth invited all primary schools in Victoria to be part of the *Walktober Walk to School Challenge* on 18 October 2006. The main objective of this initiative was to raise awareness of the physical, environmental and social benefits of walking among all ages and to get children walking to school.

209 Victorian primary schools participated in the event. On the day before the event, just 19,885 children from the 209 schools walked to school; however, on the day, 38,740 children decided to get involved and walked to school. Fifteen schools were able to encourage 100% participation by children; 14 other schools achieved over 90% participation.

Schools achieving 100% participation won \$2,500 sports equipment vouchers and a golden shoe trophy that travels to each winning school.

This event has motivated many schools to become involved in healthy, sustainable travel activities all year round. More schools are showing interest towards the Walking School Bus and there have been reports that Walking Wednesdays and Fitness Fridays are also becoming common practice.

## PLANNING

### Planning for Health and Wellbeing

There is growing evidence that proximity to parks, open space, shops, services, public transport, access to healthy food, sense of safety, sense of place, community connectedness, aesthetics and suitable housing all contribute to positive health outcomes.

The Planning Institute of Australia’s (PIA) – Victoria, *Planning for Health and Wellbeing Project*, has been funded by VicHealth since 2002 to improve planning professionals’ understanding of the links between the built environment and health, and to strengthen planning practice.

Over the last five years, the project has contributed greatly to health being placed on the urban planning and built environment agenda. Since its inception the project has successfully engaged tertiary institutions in Victoria to incorporate health in their curriculum. Over 40 professional development events for health, planning and other related professionals have been conducted for over 2,000 participants.

Invitations to speak at interstate and national conferences on healthy urban environments have also led to an increased awareness of health and wellbeing issues contributing to broader outcomes. In July 2005 the Victorian government released Safer Design Guidelines, including sections on health, active transport and walkability. In 2006 the national PIA released a position statement on Planning for Healthy Communities. In addition, the PIA used the Victorian example to seek federal support and funding for a national rollout of a similar program. Research partnerships have also been established with Deakin University, Melbourne University, RMIT and planning consultants.

*Learn-to-surf classes are conducted by the Victorian Indigenous Surfing Program for Koori kids who otherwise have little opportunity to participate recreationally or competitively.*



## PROGRAM INVESTMENTS IN CREATING ACTIVE COMMUNITIES

To increase Victorians’ physical activity levels, VicHealth invests in programs and initiatives that promote physical activity.

### INVESTMENTS IN SPORT AND ACTIVE RECREATION

#### Participation in Community Sport and Active Recreation (PICSAR) grants program

PICSAR aims to support communities and individuals to participate in sport and active recreation. PICSAR works by supporting the Regional Sports Assemblies infrastructure to help connect local sport and active recreation providers with community groups representing people who are least active; by encouraging local metropolitan councils to apply an integrated planning approach to physical activity; and by providing grants to support specific sport and active recreation activities.

#### *PICSAR – support of Regional Sports Assemblies*

To increase the capacity of local and regional service providers in regional areas to offer responsive options for those people who are currently inactive or traditionally encounter barriers to participation in community sport/active recreation activities.

**Central Highlands Sports Assembly**  
\$90,000.00

**The Centre Active Recreation Network**  
\$90,000.00

**Gippsport**  
\$180,000.00

**Leisure Networks**  
\$90,000.00

**Mallee Sports Assembly**  
\$97,683.00

**Participation in Community Sport Scheme – Koori support function Victorian Aboriginal Youth Sport and Recreation Cooperative (VAYSAR)**  
\$85,000.00

**Sports Focus**  
\$90,000.00

**South West Sports Assembly**  
\$90,000.00

**Valley Sport**  
\$90,000.00

**Wimmera Regional Sports Assembly**  
\$90,000.00

#### *PICSAR – Active Recreation grants*

**Across the land to The Alps – The active roadshow**  
\$65,000.00  
*The Centre For Continuing Education*

**Activity supermarket**  
\$65,000.00  
*Community Centre Swifts Creek*

**Bums off seats**  
\$55,000.00  
*Wimmera Regional Sports Assembly*

**Connecting disengaged rural young people with physical activity**  
\$45,859.00  
*GippSport*

**Crossenvale community active recreation program**  
\$65,000.00  
*Shire of Campaspe*

**East end adventure**  
\$69,000.00  
*Mallee Sports Assembly*

**Kids onsite**  
\$52,500.00  
*VICSRAPID*

**Local government physical activity network**  
\$15,000.00  
*Kinect Australia*

**No quick fix**  
\$64,940.00  
*Ballarat & District Aboriginal Co-operative*

**Out of Africa, into soccer – Club integration project**  
\$65,000.00  
*Leisure Networks*

<b>Physical fitness and self defence program</b> \$35,200.00 <i>Sports Focus</i>
<b>Physically active Koori kids (Pre-school)</b> \$61,500.00 <i>Gippsland Lakes Community Health</i>
<b>Structured Active Play In Early Childhood</b> \$65,000.00 <i>Leisure Networks</i>
<b>UP And OUT There</b> \$65,000.00 <i>The Centre For Continuing Education</i>
<b>Vision Change</b> \$60,400.00 <i>Interchange Loddon Mallee Region Inc</i>
<b>Youth Leadership In Health &amp; Wellbeing</b> \$65,000.00 <i>Valley Sport</i>

*Partnerships for Health grants program – promoting health with State Sporting Associations*

State Sporting Associations, with the support of VicHealth, are creating safe, healthy, welcoming and inclusive sporting environments to foster an increase in physical activity by gaining, maintaining and re-engaging their members. To achieve this, State Sporting Associations are, under the Partnerships for Health program, undertaking a range of activities that include:

- developing sport-wide policies and practices that promote health and safety;
- promoting environments that are conducive to health and wellbeing;
- encouraging communication of the role that sport plays in improving the health of Victorians;
- expanding the range of people who participate in organised sport; and
- contributing to the evidence base on the promotion of health through sport.

<b>Athletics Victoria</b> \$50,000.00
<b>Badminton Victoria</b> \$35,000.00
<b>Basketball Victoria</b> \$90,000.00

<b>Bocce Victoria</b> \$20,000.00
<b>Boxing Victoria</b> \$20,000.00
<b>Calisthenics Victoria Inc</b> \$50,000.00
<b>Canoe Victoria</b> \$30,000.00
<b>Football Federation Victoria</b> \$110,000.00
<b>Football Victoria</b> \$670,000.00
<b>Handball Federation of Victoria</b> \$20,000.00
<b>Hockey Victoria</b> \$50,000.00
<b>Indoor Sports Victoria</b> \$35,000.00
<b>Life Saving Victoria (Formerly Surf Lifesaving)</b> \$80,000.00
<b>Lacrosse Victoria</b> \$30,000.00
<b>Motorcycling Victoria</b> \$30,000.00
<b>Netball Victoria</b> \$200,000.00
<b>Pool Victoria Inc.</b> \$20,000.00
<b>Pony Club Association of Victoria</b> \$50,000.00
<b>Skate Victoria Inc.</b> \$25,000.00
<b>Rowing Victoria Inc.</b> \$35,000.00
<b>Royal Victorian Bowls Association</b> \$80,000.00
<b>Sporting Shooters’ Assoc. of Aust. – Vic Branch</b> \$40,000.00
<b>Surfing Victoria</b> \$80,000.00
<b>Swimming Victoria</b> \$60,000.00
<b>Table Tennis Victoria</b> \$35,000.00
<b>Tennis Victoria</b> \$250,000.00
<b>Triathlon Victoria</b> \$25,000.00

<b>Victorian Amateur Fencing Association</b> \$25,000.00
<b>Victorian Baseball Association Inc.</b> \$70,000.00
<b>Victorian Cricket Association</b> \$250,000.00
<b>Victorian Croquet Association</b> \$35,000.00
<b>Victorian Diving Association Inc</b> \$20,000.00
<b>Victorian Golf Association</b> \$80,000.00
<b>Victorian Gymnastics Association</b> \$65,000.00
<b>Victorian Ladies’ Bowling Association Inc</b> \$80,000.00
<b>Victorian Little Athletics Association</b> \$70,000.00
<b>Victorian Orienteering Association</b> \$25,000.00
<b>Victorian Petanque League Inc.</b> \$20,000.00
<b>Victorian Rugby League</b> \$20,000.00
<b>Victorian Rugby Union Inc.</b> \$42,000.00
<b>Victorian Snowsports Association</b> \$50,000.00
<b>Victorian Softball Association</b> \$35,000.00
<b>Victorian Squash Federation</b> \$70,000.00
<b>Victorian Touch Association</b> \$30,000.00
<b>Victorian Water Polo Inc.</b> \$20,000.00
<b>Victorian Weightlifting Association</b> \$20,000.00
<b>Volleyball Victoria Inc.</b> \$30,000.00
<b>Women’s Golf Victoria Inc</b> \$80,000.00
<b>Yachting Victoria</b> \$50,000.00

*Partnerships for Health grants program – support function*

**Partnerships for Health – Sub-population groups**  
\$140,000.00  
*Vicsport*  
Support role for State Sporting Associations involved in the *Partnerships for Health* program in areas of healthy club development and increasing participation, among a variety of population groups across the life-span.

**Support for health promotion practice – Healthy eating**  
\$10,000.00  
*International Diabetes Institute*  
Initiative offering expert advice, information and professional development in the area of healthy eating to State Sporting Associations involved in the *Partnerships for Health* program.

**Support for health promotion practice – Injury prevention**  
\$85,000.00  
*Sports Medicine Australia*  
Initiative offering expert advice, information and professional development in the area of injury prevention to State Sporting Associations involved in the *Partnerships for Health* program.

**Support for health promotion practice – Responsible alcohol management**  
\$80,000.00  
*Australian Drug Foundation*  
Initiative offering expert advice, information and professional development in the area of responsible alcohol management to State Sporting Associations involved in the *Partnerships for Health* program.

**Support for health promotion practice – Smokefree**  
\$50,000.00  
*Cancer Council Victoria*  
Initiative offering expert advice, information and professional development in the area of smoke-free environments to State Sporting Associations involved in the *Partnerships for Health* program.

**Support for health promotion practice – Sun protection**  
\$10,000.00  
*Cancer Council Victoria*  
Initiative offering expert advice, information and professional development in the area of sun protection to State Sporting Associations involved in the *Partnerships for Health* program.

*Active Clubs grants program*  
Active Club Grants 2006  
\$792,177.00  
*422 Sporting club/organisations*  
Small grants program offered to sport and recreation clubs to provide equipment or training to improve participation opportunities for those who are currently inactive or traditionally encounter barriers to participation.

**Active Club Grants – Workshop re-development**  
\$14,500.00  
*Sports Medicine Australia (Victorian Branch)*  
This project is responsible for the review, redevelopment and implementation of workshops supporting the Active Clubs Program which is to create physical and social environments that are inclusive, safe, responsive and that support participation.

*Sports Injury Prevention grants program*

**Evaluation of Smartplay Program 2006**  
\$15,000.00  
*University of Ballarat*  
Project to research the impact of the Smartplay Program on reducing the frequency and severity of sports injury.

**Smartplay Program**  
\$90,000.00  
*Department for Victorian Communities*  
Program to promote and support sports injury prevention as a means of encouraging active participation through a range of communication, educative and advocacy approaches.

*Sport – Communication activities*

**Herald-Sun Tour 2006**  
\$100,000.00  
*TL Sports*  
Sponsorship of the 2006 Jayco *Herald-Sun* Tour, with focus on the associated community participation events and the promotion of the VicHealth/Go for Your Life tour village. This year the Tour cross-promoted the mass participation rides ‘Around the Bay in a Day’ (Bicycle Victoria) and the ‘Fruit Loop Ride’ (Shepparton).

**Herald-Sun Tour 2006 – Support function**  
\$50,000.00  
*VicHealth*  
Support for community participation events staged at several locations throughout the *Herald-Sun* cycling tour.

**Walktober 2006**  
\$8,000.00  
*Kinect Australia*  
Final payment of a contract to develop a communications strategy to promote Walktober, a campaign in which Victorians are encouraged to participate in a range of walking-related activities that occur during October in Victoria.

**Walktober 2007**  
\$97,000.00  
*Kinect Australia*  
Walktober is an umbrella campaign to increase individual and community awareness of the importance and benefits of walking, and to link walking initiatives and promote greater collaboration and momentum for walking development in the state.

*Sport and active recreation developmental/innovation programs*

**Advocating for change**  
\$50,000.00  
*Womensport and Recreation Victoria*  
A developmental project focusing on advocacy for girls and women in the sport and recreation sector.

**Exercise recreation and sport survey (ERASS)**  
\$30,775.73  
*Sport and Recreation, Department for Victorian Communities*  
The Victorian oversample of the Exercise, Recreation and Sport Survey is a joint initiative between VicHealth and Sport and Recreation Victoria, Department for Victorian Communities to provide data to plan, evaluate and monitor interventions to increase community participation in physical activity.

**Increasing physical activity among senior Victorians**  
\$76,040.00  
*COTA (Vic) Council on the Ageing*  
A project to expand the ‘Keen-Agers’ table tennis concept of recreational sports participation for seniors, by evaluating and documenting the model’s success and establishing workforce development and good practice sharing mechanisms across the health, sport, fitness and aged care sectors.

**Koori sport & recreation capacity building initiative**  
\$150,000.00

*Victorian Aboriginal Youth Sport and Recreation Cooperative*  
A pilot project to increase Koori participation in community sport and active recreation by working with Koori communities across Victoria.

**LGA facility audit & access assessment project**  
\$30,000.00

*VicSport*  
Project to develop a best practice model for assessing facility availability and use within Local Government Authorities.

**Sport and recreation project**  
\$62,500.00

*Centre for Multicultural Youth Issues*  
Project to increase access to sport and recreational opportunities for culturally diverse communities via working with State Sporting Associations, Local Government, Leisure Centres and Ethnic communities.

**State Sporting Associations data management project**  
\$30,000.00

*VicSport*  
A joint initiative with Department for Victorian Communities, Sport and Recreation to develop a reporting system to provide reliable participation and other related data on relevant sports for State Sporting Associations.

*Sport and active recreation program evaluation activities*

**Health Through Sport Evaluation Phase 2**  
\$262,500.00

*University of Ballarat*  
To evaluate the effectiveness of the Participation in Community Sport and Active Recreation Scheme and the Partnerships for Health Scheme in achieving their objectives.

**Metro Active – Evaluation**  
\$20,000.00

*ARTD Management and Research Consultants*  
Evaluation of the Metro ACTIVE Demonstration Projects.

**Investments promoting active transport**

*Walking School Bus program*

VicHealth’s Walking School Bus program is a partnership between local government and community agencies that work with local primary schools to establish Walking School

Buses in their municipalities. The purpose of the program is to create change in the school travel patterns of Victorian primary school children. The program delivers health, environmental and safety benefits.

*Establishment grants*

**Caulfield Community Health Service**  
\$20,000.00

**City of Greater Bendigo**  
\$30,000.00

**Indigo Shire Council**  
\$30,000.00

**Mitchell Shire Council**  
\$30,000.00

**South Gippsland Shire Council**  
\$30,000.00

*Walking School Bus Plus grants*

**Bass Coast Shire Council**  
\$9,000.00

**Baw Baw Shire Council**  
\$9,000.00

**Bayside City Council**  
\$9,000.00

**Boroondara City Council**  
\$9,000.00

**Brimbank City Council**  
\$9,000.00

**Cardinia Shire Council**  
\$9,000.00

**Central Goldfields Shire Council**  
\$9,000.00

**The Centre For Continuing Education Inc**  
\$9,000.00

**City of Casey**  
\$9,000.00

**City of Greater Dandenong**  
\$9,000.00

**City of Greater Geelong**  
\$9,000.00

**City of Kingston**  
\$9,000.00

**City of Melbourne**  
\$9,000.00

**City of Port Phillip**  
\$9,000.00

**City of Whitehorse**  
\$9,000.00

**City of Whittlesea**  
\$9,000.00

**City of Wodonga**  
\$9,000.00

**City of Yarra**  
\$9,000.00

**Darebin City Council**  
\$9,000.00

**East Gippsland Shire Council**  
\$9,000.00

**Frankston City Council**  
\$9,000.00

**Greater Shepparton City Council**  
\$9,000.00

**Hobson’s Bay – ISIS Primary Care**  
\$9,000.00

**Horsham Rural City Council**  
\$9,000.00

**Hume City Council**  
\$9,000.00

**Knox City Council**  
\$9,000.00

**Latrobe City Council**  
\$9,000.00

**Lower Hume Primary Care Partnerships – Murrindindi Shire**  
\$9,000.00

**Macedon Ranges Shire Council**  
\$9,000.00

**Maribyrnong City Council**  
\$9,000.00

**Maroondah City Council**  
\$9,000.00

**Moira Shire Council**  
\$9,000.00

**Moonee Valley City Council**  
\$9,000.00

**Moreland City Council**  
\$9,000.00

**Mornington Peninsula Shire**  
\$9,000.00

**Nillumbik Shire Council**  
\$9,000.00

**North Grampians and Pyrenees Shire Council in conjunction with the Grampians Community Health Centre**  
\$9,000.00

**Shire of Melton**  
\$9,000.00

**Shire of Yarra Ranges**  
\$9,000.00

**Stonnington City Council**  
\$9,000.00

**Surf Coast Shire Council**  
\$9,000.00

**Swan Hill Rural City Council**  
\$9,000.00

**Victoria YMCA, Werribee**  
\$9,000.00

**Warrnambool City Council**  
\$9,000.00

**Wellington Shire Council**  
\$9,000.00

**YMCA of Manningham Inc.**  
\$9,000.00

*Individual projects promoting active transport*

**Kids Riding To School Program**  
\$110,000.00

*Bicycle Victoria*  
A pilot project to develop a comprehensive State Kids Riding to School initiative that will be applicable to all primary and secondary students at all levels of cycling readiness. The program will have strong behaviour/motivational elements and appropriate infrastructure components. The pilot support will be provided in parallel to the overall statewide approach. Multiple strategies will be used working with children, schools, community, government and industry.

*Investments in creating liveable communities*

**Accelerate now**  
\$10,000.00

*Local Governments for Sustainability – ICLEI – A/NZ*  
Conference to focus on strengthening councils’ capacity for effective sustainability action. Attendees will be presented with international, national and regional perspectives across the range of greenhouse, water, active transport and sustainability activities of local government.

**ICLEI Active Transport Quantification Tool**  
\$20,000.00

*International Council for Local Environmental Initiatives (ICLEI)*  
This project supports the development of an Active Transport Quantification Tool that can be used by schools, local government and State authorities to measure social, environmental and economic benefits of a range of active transport initiatives.

**Planning for Health**  
\$73,950.00

*Planning Institute Australia (Victoria Branch)*  
This is a project to form a strategic partnership with the Planning Institute Australia and build the capacity of planners to consider the health and wellbeing implications of their planning activity. Investment includes advocacy strategies for legislative and regulatory changes.

**Creating Liveable New Communities**  
\$10,000.00

*Growth Areas Authority*  
To create a body of knowledge that identifies the key elements needed to create sustainable liveable new communities. This will inform the development of a strategic framework and practical tools to enable the Growth Areas Authority and partner organisations to create liveable places for new communities in Melbourne’s growth areas.

**Leading the way: Training program for Local Government**  
\$21,500.00

*Municipal Association of Victoria*  
To enable Municipal Association of Victoria (MAV) to mainstream *the Leading the Way* resource and planning framework as an integral component of their ongoing training programs.

**Research to increase physical activity**

*Research Fellowship*

**Understanding and influencing sedentary behaviour and physical activity in older adults**  
\$105,000.00

*International Diabetes Institute*  
Dr David Dunstan. This research program examines the relationships between sedentary behaviour and the development of lifestyle-related health conditions in older adults. It also examines the effectiveness of targeted prevention strategies designed to reduce sedentary behaviour and increase physical activity and ultimately reduce premature morbidity and mortality in this age group.

*Other Research Projects*

**Sport and active recreation – Building research**  
\$100,000.00

*University of Ballarat*  
This project aims to develop an Evaluation Framework for the revised Sport and Active Recreation Program in partnership with VicHealth, and to build on research undertaken during the three-year evaluation of the Partnerships for Health (PfH) and Participation in Community Sport and Active Recreation (PICSAR) Schemes. Findings will be disseminated to the sport and active recreation sector.

**Young women’s participation in physical activity in rural and regional Victoria**  
\$22,000.00

*University of Ballarat*  
This research aims to examine the factors influencing young rural and regional women’s participation in sport and active recreation. This research also seeks to develop targeted recommendations to increase participation and reduce drop-out rates.

**Physical activity related conference support**

**Leadership in health promotion in the Grampians**  
\$5,000.00

*Grampians Pyrenees PCP*  
Conference to facilitate the transfer of new and existing health promotion knowledge and practice, provide an opportunity for dialogue between various sectors and create a larger professional network for health promotion. The focus is on barriers to physical activity participation as well as the social and systemic determinants in accessing healthy food.

**Women’s sport and physical recreation conference**  
\$8,000.00

*Womensport and Recreation Victoria Inc*  
The key objective of the conference is to provide an interactive forum for sharing best practice approaches to the promotion of women’s participation in sport and physical activity.



By growing some of their own food, individuals and families have access to fresh, nutritious food, and because gardening involves physical activity, it promotes physical fitness and health.

## PROGRAM INVESTMENTS PROMOTING HEALTHY EATING

In the past, VicHealth has funded research, community development and other activities to promote healthy eating. The focus had been on improving individuals' awareness about the importance of healthy eating and supporting activities to encourage behaviour change to purchase, cook and eat a range of food for healthy eating.

In recent years, there has been growing evidence that social and economic disadvantage prevent people from accessing a variety of nutritious and culturally acceptable foods. VicHealth's current aim is to increase the understanding of factors that influence eating patterns and help reverse the trends in obesity over the next 10 years.

### HEALTHY EATING

#### Food for All grants program

A key strategy in our effort to improve healthy eating is the *Food for All* program. This program is designed to encourage local government authorities to improve integrated planning of those things that influence access to food, such as transport, housing, economic development and land use.

#### The Community Food Chain project

\$67,500.00  
*City of Greater Dandenong*

#### Food For All – Swan Hill

\$70,000.00  
*Swan Hill Rural City Council*

#### Food For All in Wodonga

\$50,000.00  
*City of Wodonga*

#### Food For Life

\$55,000.00  
*Frankston City Council*

#### Improving access to food for healthy eating in Brimbank

\$66,550.00  
*Brimbank City Council*

#### Maribyrnong Fruit & Vegetables for All project

\$70,000.00  
*Maribyrnong City Council*

#### Sprouting New Ideas

\$100,000.00  
*Cardinia Shire Council*

#### Veg Out Van pilot project

\$70,000.00  
*Melton Shire Council*

#### Food for All – Evaluation

\$43,084.80  
*La Trobe University*  
Development and implementation of the evaluation of a three-year Food for All: *Improving Access to Food for Healthy Eating, A Food Security Program.*

#### Other healthy eating/obesity related projects

#### Food Security Network (VLGA)

\$12,250.00  
*Victorian Local Government Association*  
To develop a food security network to support local government authorities and other stakeholders to reduce barriers to local food access for healthy eating. Includes development of a website and the convening of network meetings in rural and regional Victoria.

#### The Parents Jury – Cancer

**Council Victoria**  
\$40,000.00  
*Cancer Council Victoria*  
Support to a web-based network of parents with the aims of providing a platform for parents to have a voice and contribute to improving the food and physical activity environments for children.

#### Obesity Prevention Policy Coalition

– **Cancer Council Victoria**  
\$118,000.00  
*Cancer Council Victoria*  
This is a project to analyse and prioritise policy initiatives that are both feasible and likely to have an impact on reducing obesity, especially in children.

#### Research initiatives in obesity prevention

##### Research Fellowships

#### (CPAN) Healthy eating & physical activity: Data analysis & community liaison

\$100,000.00  
*Deakin University*  
This project examines the large volume of data generated by public/population health research projects to address key questions relevant to the promotion of healthy eating and physical activity and aims to more widely disseminate the findings of this work.

#### Critical Windows: Understanding transitions in children's and adolescents' eating, physical activity and risk of obesity

\$100,000.00  
*Deakin University*  
Dr Anna Timperio. This research examines the influence of individual, social and environmental factors on eating, physical activity and risk of obesity between childhood and adolescence, and between adolescence and young adulthood. These life transition periods are times of increased risk of obesity through changing eating and physical activity habits.

#### Environmental & cultural determinants of obesity in populations at risk of food insecurity

\$105,000.00  
*Deakin University*  
Dr Cate Burns. Obesity is linked with poverty and food insecurity – limited or uncertain access to healthy food. This fellowship studies the socio-cultural and environmental determinants of obesity in populations at risk of food insecurity, particularly in relation to eating habits.

#### Environmental causes of obesity and measurement of the impact of approaches to prevention

\$80,000.00  
*Deakin University*  
Dr Andrea Sanigorski. This aim of this fellowship is to contribute to our understanding of environmental causes of obesity and measure the impact of innovative approaches to prevention.

#### Preventing obesity in children & their families

\$130,000.00  
*Deakin University*  
Prof. David Crawford. This research aims to understand the underlying drivers of the obesity epidemic, and seeks to identify strategies to promote healthy eating, increase physical activity and prevent obesity in children and their families.

#### Supporting parents to promote children's healthy eating

\$105,000.00  
*Deakin University*  
Dr Karen Campbell. This program of research explores the relations between home environment and children's eating. It will define the most appropriate and effective health promotion interventions to support parents in encouraging children's healthy eating. Such an intervention will subsequently be designed and conducted.

### PhD Scholarships

#### Changing diet and physical activity behaviours improves mental and physical wellbeing in women in midlife

\$22,476.00  
*Monash University*  
Ms Catherine Lombard. This scholarship aims to determine the contribution of individual lifestyle components to physical and mental wellbeing in women in midlife; and to develop and test a multifaceted, sustainable, cost-effective health promotion strategy to improve physical and mental wellbeing in women.

#### The relationship between built environment, Socio Economic Status (SES), physical activity and obesity

\$21,231.00  
*The University of Melbourne*  
Ms Tania King. This study seeks to understand how the built environment in areas of low SES is associated with levels of physical activity and obesity. Ultimately the study aims to ascertain whether the way our suburbs are planned and built could explain some of the area differences in overweight and obesity.

#### Why do women eat what they do? Personal, social and environmental influences on eating behaviours of women from different socio-economic background.

\$6,410.30  
*Deakin University*  
Ms Victoria Inglis. This scholarship examines why women from low socio-economic status (SES) groups are more likely to consume a diet high in fat, and less likely to consume fruits and vegetables, than women from higher SES groups.

#### Healthy eating related conference support

##### Cities feeding people:

##### Grow it where you live

\$8,000.00  
*Cultivating Community*  
This is the 4th conference of the Australian City Farms and Community Gardens Network. The five-day conference includes plenary sessions, discussion forums, workshops and day tours of Community Gardens, City Farms and School Gardens, and is targeted at education, environment, health and government sectors.



Social networks can provide support, opportunities for engagement and meaningful social roles, as well as access to resources and intimate one-on-one contact.

## PROGRAM INVESTMENTS PROMOTING MENTAL HEALTH AND WELLBEING

In promoting mental health and wellbeing, VicHealth focuses on the following social and economic determinants:

- social inclusion;
- freedom from discrimination and violence; and
- access to economic resources.

### SUPPORTING SOCIAL INCLUSION

#### Audience Access grants program

The funded projects in the Audience Access grants program aim to strengthen the capacity of arts organisations to facilitate social inclusion and promote mental health. It is important that all members of our community are able to access the broad range of activities and events that form part of community life. However, research indicates that those experiencing social and economic disadvantage are less likely to attend and participate in arts events and activities.

**2005–2007 Artistic Program**  
\$60,000.00  
*Melbourne Workers Theatre*

**Accessing Indigenous Theatre**  
\$60,000.00  
*Ilbjerri Aboriginal & Torres Strait Islander Theatre Co-Op Ltd*

**Audience Access Scheme**  
\$60,000.00  
*Footscray Community Arts Centre*

**Audience Access Scheme**  
\$60,000.00  
*Frankston Arts Centre*

**Audience Access Scheme**  
\$60,000.00  
*Geelong Performing Arts Centre*

**Latrobe Young Ambassadors**  
\$60,000.00  
*Latrobe Regional Gallery*

**Mentor Project**  
\$60,000.00  
*HotHouse Theatre*

**National Gallery of Victoria Access Program**  
\$60,000.00  
*National Gallery of Victoria*

**Orchestra Victoria – Audience Access Scheme**  
\$60,000.00  
*Orchestra Victoria*

**Performance Partners – Opening The Doors Even Wider**  
\$60,000.00  
*La Mama*

**‘What We Want’ Youth & Young Families**  
\$60,000.00  
*Dandenong Ranges Community Cultural Centre Inc. (as Burrinja)*

#### Community Arts Development grants program

This program aims to improve the capacity of experienced community arts organisations to facilitate and maintain social inclusion, civic engagement and the valuing of diversity.

**Bring Her Home**  
\$100,000.00  
*Somebody’s Daughter Theatre Company*

**The Torch Project**  
\$100,000.00  
*The Torch Project*

**Women’s Circus**  
\$100,000.00  
*Women’s Circus*

**Community Arts Development Scheme – Evaluation**  
\$100,000.00  
*University of Melbourne*  
Ms Lindy Jourbet. To evaluate the mental health impacts of the projects at the individual and community levels using academically rigorous evaluation methodologies.

### Community Arts Participation grants program

Participation in Community Arts activity provides opportunities for social inclusion as a means to promote mental health and wellbeing. Grants are provided to assist community members to work in collaboration with artists to create a performance, exhibition or public event that expresses or raises issues important to that community. Through this process people are provided with the opportunity to: get involved in group activities; access supportive relationships; build self-esteem and confidence; develop skills to express and celebrate their culture; and increase a sense of self-determination and control.

**2006 Community Outreach Initiatives**  
\$30,000.00  
*Melbourne International Arts Festival*

**Boite partnership – African Womens’ Groups**  
\$30,000.00  
*Victorian Foundation for Survivors of Torture*

**The Creeping Garden**  
\$27,000.00  
*Ardeer Community Playground Committee*

**A Crocodile Bit My Lip**  
\$26,500.00  
*Mpact Arts*

**The Crossing**  
\$10,000.00  
*Mildura Arts Centre/Mildura Rural City Council*

**Choir of Hard Knocks**  
\$30,000.00  
*RecLink Australia*

**Connecting Through Threads**  
\$25,000.00  
*Central Goldfields Shire Council*

**A Daughters Dream – Courthouse Youth Arts Centre Inc.**  
\$25,000.00  
*Courthouse Youth Arts Centre Inc.*

**Digital graffiti – Plugged In**  
\$20,000.00  
*Frankston Arts Centre*

**Don Coyote**  
\$30,000.00  
*The Old Van*

**Eye2eye With Noweyung Theatre Project**  
\$12,600.00  
*Noweyung Ltd*

**Festival For Healthy Living – Consolidation Project**  
\$30,000.00  
*Royal Children’s Hospital*

**The Flemington Lure**  
\$30,000.00  
*Visionary Images*

**Growing a Fringe**  
\$29,700.00  
*The City of Greater Bendigo*

**Hidden Stories**  
\$30,000.00  
*Rosewall Neighbourhood Centre*

**In Touch**  
\$25,000.00  
*Jesuit Social Services*

**Invisibility – a call to be seen PART B**  
\$20,000.00  
*Brunswick Women’s Theatre*

**Jumpjet Circus Project**  
\$25,000.00  
*Westside Circus Inc.*

**Living Art Project**  
\$29,524.00  
*Liminal Lines Inc.*

**Making Music For Mental Health and Community**  
\$30,000.00  
*Auspicious Arts*

**Mallee Tree Productions**  
\$27,500.00  
*Birchip Business and Learning Centre*

**The Mechanical Crystal Ball Project**  
\$15,000.00  
*Melbourne Fringe Ltd*

**Metamorphosis II**  
\$30,000.00  
*South West Healthcare*

**Old Ghosts New Land**  
\$25,000.00  
*Western Edge Youth Arts*

**Opening Doors**  
\$23,300.00  
*The Richmond Fellowship of Victoria*

**Playup Theatre**  
\$17,500.00  
*City of Kingston*

**Pods**  
\$20,000.00  
*Footscray Community Arts Centre*

**Rural Drought Relief – Hot Summer Concerts**  
\$30,000.00  
*Anglican Diocese Of Melbourne*

**Salty Water Project**  
\$10,000.00  
*Regional Arts Victoria*

**Somali Women’s Weaving Project**  
\$20,000.00  
*Banyule Community Health*

**Studio 1 Youth Arts Project**  
\$30,000.00  
*Castlemaine and District Continuing Education Inc*

**Switching On**  
\$30,000.00  
*City of Banyule*

**Talking Wall & Company**  
\$20,000.00  
*Orbost Exhibition Centre On The Snowy River Inc.*

**Tenderise (& associated Workshop)**  
\$30,000.00  
*Platform Youth Theatre Inc.*

**Tramtactic**  
\$25,750.00  
*Auspicious Arts Projects Inc.*

**Victoria Sings**  
\$100,000.00  
*Community Music Victoria Inc.*

**VISIBLE 07**  
\$20,000.00  
*Multicultural Arts Victoria Inc.*

**The Web of Life**  
\$28,060.00  
*St Mary’s House of Welcome*

**What Remains**  
\$10,000.00  
*Friends of the Grampians Gariwerd*

**Widows**  
\$15,000.00  
*Auspicious Arts*

**Wildscapes of Warrigine**  
\$25,000.00  
*Mornington Peninsula Shire*

**Wise Roomers**  
\$30,000.00  
*Elwood St Kilda Neighbourhood Learning Centre*

<b>Communities Together grants program</b>	<b>Brite 30 Year celebration</b> \$7,500.00 <i>Brite Services</i>	<b>Eaglehawk Celebration of Cultures and Community</b> \$6,000.00 <i>St Luke's</i>	<b>Lakes Entrance Common Ground Celebration</b> \$10,000.00 <i>Gippsland Lakes Community Health</i>	<b>Past, Present &amp; Future</b> \$5,000.00 <i>Rural Northwest Health</i>	<b>Youth Technology grants program</b>
The <i>Communities Together</i> grants program seeks to promote mental health and wellbeing by reducing barriers to participation in community celebrations and festivals for groups disadvantaged by social, cultural, geographic or economic circumstances. This program facilitates social inclusion by providing opportunities for involvement in group activities, skills development, relationship building and civic engagement.	<b>Capable Communities Celebrating Together</b> \$7,800.00 <i>Darebin City Council</i>	<b>Edat Sher Sleewa (Member of The Cross Festival)</b> \$5,000.00 <i>Australian Ankawa Club</i>	<b>Laverton Community Festival</b> \$10,000.00 <i>Laverton Community Centre &amp; Neighbourhood House Inc.</i>	<b>Phillip Island Jazz Festival</b> \$3,500.00 <i>Phillip Island Jazz Festival Inc.</i>	Information and communication technologies play an increasingly significant role in the key social and economic determinants of young people's mental health and wellbeing. This grants program explores how technology influences young people's social relationships.
<b>3rd Lake Bolac Eel Festival</b> \$10,000.00 <i>Lake Bolac Development Association</i>	<b>Celebrating Community in Birchip</b> \$8,000.00 <i>Birchip Business &amp; Learning Centre</i>	<b>The Elmhurst Festival of the Wind</b> \$10,000.00 <i>Ararat Rural City Council</i>	<b>Loddon Working With Diversity</b> \$3,940.00 <i>HM Prison Loddon, Department of Justice, Corrections Victoria</i>	<b>Rare Trades &amp; Skills Day</b> \$7,000.00 <i>Swan Hill Rural City Council</i>	<b>10MMM</b> \$100,000.00 <i>Western District Health Service</i>
<b>6th Int'l Children's Festival</b> \$2,500.00 <i>Assoc of Int. Children's Fest. Inc.</i>	<b>Celebrating Families</b> \$10,000.00 <i>YMCA Victoria</i>	<b>Far East Gippsland Festival Of The Arts @ Orbost</b> \$10,000.00 <i>Orbost Exhibition Centre</i>	<b>Meet The Neighbours</b> \$8,000.00 <i>Melbourne's Living Museum of the West Inc.</i>	<b>Robinvale Rocks – The Robinvale Multicultural Festival</b> \$9,892.00 <i>Robinvale Network House Inc.</i>	<b>The Avatar Project: creating collaborative online and 3D game spaces for social interaction</b> \$100,000.00 <i>Victoria University (the Hybrid initiative)</i>
<b>Annual Christmas Rally</b> \$5,000.00 <i>Victorian Deaf Society</i>	<b>Celebrating Families Day</b> \$9,975.00 <i>Broadmeadows Uniting Care</i>	<b>Fawkner Community Festival Parade and Performance</b> \$10,000.00 <i>Moreland City Council</i>	<b>Moon Lantern Costume Festival, A Multicultural Celebration!</b> \$10,000.00 <i>Jesuit Social Services</i>	<b>Shakespeare on the River Festival</b> \$6,600.00 <i>Stratford on Avon Shakespeare Association</i>	<b>St Gerard's Multicultural Fair (Sudanese)</b> \$5,100.00 <i>St Gerard's Primary School</i>
<b>Antiochian Cultural Day</b> \$5,000.00 <i>Antiochian Community Support Association</i>	<b>Celebrating Together</b> \$1,500.00 <i>Tatura Community House Inc.</i>	<b>Festival of Shared Dreams</b> \$10,000.00 <i>Shepparton Adult and Community Education</i>	<b>Mt Wycheproof Derby Day in the Country Weekend</b> \$5,000.00 <i>Mt Wycheproof &amp; District Racing Club</i>	<b>Sumnation World Cultural Festival</b> \$10,000.00 <i>Springvale Neighbourhood House Inc</i>	<b>Bridging the digital divide: Giving young people at risk opportunities to get connected.</b> \$100,000.00 <i>Inspire Foundation</i>
<b>Ararat Golden Gateway Festival Increasing Partnerships</b> \$7,500.00 <i>Ararat Golden Gateway Festival Inc.</i>	<b>Celebration of Culture</b> \$10,000.00 <i>Sacred Heart Primary School</i>	<b>Ficifolia Festival – Access For All Project</b> \$5,700.00 <i>Drouin Ficifolia Festival Committee Inc.</i>	<b>Mullum Mullum Festival</b> \$1,700.00 <i>Mullum Mullum Festival Inc.</i>	<b>Tet Celebration 2007</b> \$10,000.00 <i>North Richmond Community Health Centre</i>	<b>Social participation in technology (SPiT)</b> \$100,000.00 <i>Interchange Central Gippsland Inc.</i>
<b>Awakenings Festival</b> \$10,000.00 <i>Wimmera Uniting Care</i>	<b>Celebratory Opening of the Ardeer Community Playground (ACPC)</b> \$5,000.00 <i>Ardeer Community Playground Committee</i>	<b>Fiery Creek Fiery Festival</b> \$3,948.75 <i>Streatham, Mininera &amp; Westmere Community Development Committee Inc.</i>	<b>Multicultural Food Festival</b> \$5,000.00 <i>Brimbank City Council</i>	<b>Together We Can Learn</b> \$5,000.00 <i>St Monica's Primary School, Footscray</i>	<b>SYN.ORG.AU</b> \$100,000.00 <i>Portable Content</i>
<b>Balmoral 'Place and Diversity' Festival</b> \$7,500.00 <i>Chameleon Arts Collective Inc.</i>	<b>Clayton South Multicultural Community Festival</b> \$10,000.00 <i>Oakes Avenue Mothers Club</i>	<b>Going Potty Garden &amp; Arts Festival</b> \$10,000.00 <i>Rosewall Neighbourhood Centre</i>	<b>New Years Eve – Community Celebration</b> \$2,800.00 <i>Toora Football Club Inc.</i>	<b>Turkish Community Festival</b> \$10,000.00 <i>Moreland Turkish Education and Social Affairs Centre Inc.</i>	<b>Walwa Community Spring Fair Celebration</b> \$7,550.00 <i>Walwa Bush Nursing Centre</i>
<b>The Big Gig</b> \$10,000.00 <i>Auspicious Arts Inc.</i>	<b>Colac Community Hub Launch</b> \$10,000.00 <i>Colac Area Health</i>	<b>Gung Ho, Working Together – Multicultural Food, Dance, Music and Arts Festival</b> \$10,000.00 <i>Bass Coast YMCA</i>	<b>North Geelong Street Party</b> \$10,000.00 <i>Norlane Neighbourhood House</i>	<b>Whittlesea Moon Cake Festival 2006</b> \$3,000.00 <i>Whittlesea Chinese Association Inc.</i>	<b>World Record Attempt, Leap Frog</b> \$2,200.00 <i>Melton Shire Council</i>
<b>Black Harmony Gathering</b> \$10,000.00 <i>Multicultural Arts Victoria</i>	<b>Community Connections Hall</b> \$8,000.00 <i>Midsumma Festival Inc.</i>	<b>Heathdale BBQ Festival 2006</b> \$10,000.00 <i>Heathdale Neighbourhood Renewal Association</i>	<b>Pacific Peoples Community Festival</b> \$10,000.00 <i>City of Greater Dandenong – Youth Services</i>	<b>Pako Festa 2007 – Many Faces of Culture 25 years on...</b> \$7,500.00 <i>Diversitat</i>	<b>World Through The Eyes of Youth</b> \$10,000.00 <i>Warrnambool City Council</i>
<b>Braybrook's Big Day Out</b> \$10,000.00 <i>Braybrook &amp; Maidstone Neighbourhood Association Inc. (BMNA)</i>	<b>Dancing Together Through the Cultural History of Whittlesea</b> \$7,468.00 <i>City of Whittlesea</i>	<b>Hmong New Year Festival</b> \$5,000.00 <i>Hmong Australia Society Inc.</i>	<b>Party With The Ponies</b> \$5,000.00 <i>Hamilton Racing Club</i>	<b>Zest For Life</b> \$5,775.00 <i>Aspire, a Pathway to Mental Health</i>	
<b>Bringing together those who have experienced loss through drug use and overdose</b> \$5,000.00 <i>Salvation Army Crisis Services</i>	<b>A Day In The Park – Wellbeing Festival</b> \$7,000.00 <i>Kyabram Community &amp; Learning Centre, Inc.</i>	<b>The Inaugural 'Original' Bruthen Community Play</b> \$10,000.00 <i>Bruthen Arts &amp; Events Council Inc.</i>	<b>The Labyrinth Festival</b> \$10,000.00 <i>State Coal Mine – Rescue Station Arts Inc.</i>		

## Individual projects to support social inclusion

### The Horn of Africa newspaper project

\$50,000.00

*Adult Multicultural Education Services*

This is an initiative to support newly emerging African communities to establish a community language newspaper to promote mental health by strengthening communities, cultural identity and communication.

### National youth week grants program

\$50,000.00

*Department of Victorian Communities*

This project is a partnership between the Victorian Office for Youth, the federal government and VicHealth to strengthen young people's social inclusion by encouraging civic participation.

### Rumbalara Football Netball Club

\$50,000.00

*Rumbalara Football Netball Club*

The project supports the RFNC to achieve its health, social, cultural, economic and sporting goals by building appropriate organisational structures and systems and generating income.

## Research to support social inclusion

### Research Fellowships

#### Off To A Healthy Start:

**A longitudinal ethnography of the social contexts and determinants of health and wellbeing among newly arrived refugee youth**

\$130,684.00

*La Trobe University*

Prof. Sandy Gifford. This five-year ethnographic study involves describing the social contexts and determinants that promote mental and social wellbeing for newly arrived refugee youth and their families during the settlement process. Broader contextual factors that facilitate or hinder wellbeing are assessed at the level of the school, family and community.

**Pathways to inclusion: the contribution of community participation and networks to improved health and wellbeing outcomes**

\$84,000.00

*The University of Melbourne*

Dr Deborah Warr. This research considers how participation in local community groups and institutions promotes social connection. Specifically, it explores how social connection builds local social resources and define the pathways through which social connection impacts on mental and physical health.

**Surviving (and thriving on) the road less travelled: A longitudinal study of young people, sexual diversity, resilience and social networks**

\$105,000.00

*La Trobe University*

Dr Lynette Hillier. This research explores the factors that protect marginalised same-sex attracted young people from drug use, mental ill health and suicide.

**Why let them fall? Understanding the role of health promotion in shaping a better life for all young people**

\$105,000.00

*University of Melbourne*

Dr Jane Burns. This project explores mechanisms to engage government, corporate and community sectors in mental health promotion with young people, and how effective approaches may be sustained, and adapted beneficially across settings and countries.

### Research projects

**ARC: Connecting communities to government**

\$30,000.00

*University of Melbourne*

Jennifer Lewis. This project aims to identify the social connections and linkages within and between communities and local government to build supportive social networks and improve citizen engagement, with an emphasis on marginalised groups.

**ARC: Good Starts project: An audio-visual arts & health research project with newly arrived young people from refugee backgrounds**

\$25,000.00

*La Trobe University*

Prof. Sandy Gifford. This is an audio-visual arts and health research project working with newly arrived young people, from refugee backgrounds, which will assist them to better cope with the resettlement process.

### PhD Scholarships

**What is the social impact of the creative industries on regional & metro communities?**

\$22,476.00

*Deakin University*

Ms Tabitha Ramsey White.

This project identifies and evaluates the potential role, limitations and inclusiveness of the creative industries to create positive social impact in various communities; and create a model for measuring the anticipated and actual social impact of the arts to inform policy, planning, design and implementation of community arts activities.

**Social inclusion related conference support**

**Deadly arts business conference**

\$5,000.00

*Gasworks Arts Park*

A three-day community cultural development conference that aims to present an arts and culture, wellbeing and business skills development program focused on Victorian Indigenous communities. The key area of investigation is the influence of art and culture on mental health and wellbeing for Victorian Indigenous communities.

**Youth technology cyber bullying roundtable**

\$5,000.00

*Alannah and Madeline Foundation*

This roundtable is a partnership between the The Alannah and Madeline Foundation and The Centre for Strategic Education. It brings together international experts to provide a scoping of the particular issues of cyber bullying and child safety on the Internet and SMS texting.

**Reducing discrimination for mental health and wellbeing**

**Pitcha this**

\$45,000.00

*Sista Girl Productions*

The project aims to promote the emotional and spiritual wellbeing of Indigenous communities in Victoria through the identification and promotion of positive and realistic images that reflect the strengths of the Victorian Indigenous community, and to build skills, knowledge and capacity of Indigenous individuals, families and communities

**Sir Douglas Nicholls Indigenous Fellowship**

\$40,000.00

*Brotherhood of St Laurence*

This project ensures the further development of Indigenous leadership by providing opportunities for recognised Indigenous leaders to pursue their vision, learn skills in leadership, mentorship and strategic planning and networking.

## Research

### Research Centre

**Onemda VicHealth Koori Health Unit**

\$365,000.00

*The University of Melbourne*

The Onemda VicHealth Koori Health Unit is one of the Centres of Excellence in Research and Practice supported by VicHealth. It is an integrated academic program in Aboriginal Health focusing on research, community development and the Teaching and Learning Program.

### PhD Scholarship

**The production of Aboriginal art and its relationship to the health and wellbeing of the Koori community**

\$6,657.00

*The University of Melbourne*

Frances Edmonds. This three-year research project provides a social analysis of the relationship between engagement in creative processes and emotional and spiritual wellbeing for the Koori community.

*Conference support to reduce discrimination*

**Connecting community – Sudanese community forum**

\$5,000.00

*Greater Dandenong City Council*

This is a community-driven forum to bring together leaders and members of the Sudanese community in and around Dandenong to talk openly about the challenges confronting their community, and plan effective action which can be 'owned' by the community.

**Empowering ourselves, empowering our communities**

\$2,250.00

*Working Women's Health*

This conference aims to raise awareness on the health and wellbeing of multicultural gay, lesbian, bisexual, transgender, intersex and queer (GLBTIQ) individuals and groups.

**Reducing violence for mental health and wellbeing**

*Respect, Responsibility and Equality grants program*

This grants program supports the trial of a range of innovative community-based approaches in preventing violence against women. The pilot projects include work with a broad range of women's organisations, Indigenous and culturally diverse population groups, men, boys and even workplaces to prevent violence against women at the community level.

**And Baby Makes Three – Promoting Safety and Wellbeing Among New Families**

\$30,000.00

*Whitehorse Community*

*Health Service Inc.*

**Building the capacity of organisations in the western region to prevent violence against women**

\$30,000.00

*Women's Health West*

**CAH Family Violence Capacity Building Project**

\$30,706.00

*Colac Area Health*

**CASA House Peer Educator Schools Project**

\$30,000.00

*Royal Women's Hospital Foundation*

**Darebin Interfaith Council Taking Responsibility**

\$29,698.00

*City of Darebin*

**Engaging Multicultural & Faith Communities in the Prevention of Violence**

\$34,000.00

*Immigrant Women's Domestic*

*Violence Service*

**Family Men Don't Do Family Violence**

\$30,000.00

*Northern Migrant Resource Centre*

**Family Violence Prevention Media Awards**

\$29,650.00

*Domestic Violence Victoria (DV Vic)*

**Gender Local Government and Violence Prevention**

\$30,000.00

*Maribyrnong City Council*

**The Gippsland Family Violence and Schools Project**

\$31,000.00

*Gippsland Women's Health Service*

**Influencing & Developing Respectful Workplaces For Women**  
\$30,000.00  
*URCOT Ltd*

**Keeping Booris Safe**  
\$25,518.00  
*Elizabeth Hoffman House Aboriginal Women's Services Incorporated*

**Kicking Goals for Healthy Relationships**  
\$12,250.00  
*Glenview Community Care Inc.*

**The Knox Accord Project**  
\$29,550.00  
*Knox Community Health Service Inc.*

**Living in a Man's World**  
\$29,000.00  
*The Victorian Women's Trust Limited*

**Media Advocacy to Prevent Violence Against Women**  
\$30,000.00  
*Women's Domestic Violence Crisis Service*

**Melton Says NO!**  
\$30,000.00  
*Shire of Melton*

**Partners In Prevention – Victorian Youth Violence Prevention Network**  
\$30,000.00  
*Domestic Violence and Incest Resource Centre*

**Preventing Family Violence in Moreland Is Everyone's Business**  
\$19,000.00  
*Moreland City Council*

**Preventing Family Violence in the Indian Community**  
\$30,000.00  
*Federation of Indian Associations Victoria*

**Preventing Violence Against Women in Horn of Africa Communities**  
\$19,593.00  
*Horn of Africa Communities Network in Victoria*

**Prevention of Sexual Violence Among University Students**  
\$29,866.00  
*La Trobe University*

**Saying No To Violence: A Community Responsibility**  
\$30,000.00  
*Nillumbik Shire Council*

**Speak Out: Preventing Violence Against Vietnamese Women**  
\$30,000.00  
*Australian Vietnamese Women's Association*

**Tracks To Stronger Communities**  
\$30,400.00  
*Gunditjmara Aboriginal Co-operative Ltd*

**Welcome to Yarra Sport**  
\$28,000.00  
*City of Yarra*

**Working Together Against Violence**  
\$30,000.00  
*Women's Health Victoria*

**Wyndham Say NO to Violence Schools Art Project 2007**  
\$14,903.00  
*Wyndham City Council*

**Youth Forums – Postive Relationships, Successful Lives**  
\$31,000.00  
*Mallee Sexual Assault Unit Incorporated*

**Individual projects to reduce violence for mental health and wellbeing**

**AFL: Violence Against Women Strategy**  
\$250,000.00  
*Australian Football League*  
Project designed to prevent violence perpetrated against women and promote mental health and wellbeing through a partnership between VicHealth and the AFL to develop a multi-dimensional program design and implement a statewide strategy.

**White Ribbon Day**  
\$25,000.00  
*No to violence, Male Family Violence Prevention Assoc. Inc.*  
The project facilitates cross-sector involvement and collaboration in the White Ribbon Campaign in order to: increase community awareness of the individual, family and community-level impacts of violence perpetrated against women; and encourages men to take responsibility for violence perpetrated against women.

**Research addressing violence**

**ARC: Adolescent mental health & supportive classroom environments**  
\$36,400.00  
*La Trobe University*  
This research aims to develop strategies to prevent teachers' aggressive classroom management and improve the mental health and wellbeing of both students and teachers, and learning opportunities for students.

*Research Fellowship*

**Promoting women's mental wellbeing by reducing intimate partner violence against women – Building an evidence base and expanding our knowledge**  
\$100,000.00  
*La Trobe University*  
Dr Angela Taft. This project evaluates whether formal and informal primary health care strategies improve the mental health, wellbeing and mother–child bonds of women at risk of or experiencing partner abuse.

*PhD Scholarship*

**Masculinities & the health of young refugee males from Southern Sudan**  
\$22,476.00  
*Victorian Foundation for Survivors of Torture*  
Mr Ndungi wa Mungai. This project researches how notions of masculinities can help in analysing the health issues of young males from Southern Sudan in Melbourne. The research analyses how masculinities intersect with gender, class, race, ethnicity, age and culture to impact on the physical and psychological wellbeing of the target group. The target group for this research is young males (under 25) from Southern Sudan living in Melbourne who have arrived on refugee or humanitarian visas.

*Research projects*

**ARC: Gender, local governance & community safety: Making the links between violence in public & private space**  
\$20,000.00  
*The University of Melbourne*  
Dr Carolyn Whitzman. The research project brings together community safety and violence prevention strategies, in public and private spaces, to improve community health and wellbeing.

**ARC: Understanding Victorian women's experiences of unplanned pregnancy and abortion**  
\$25,000.00  
*The University of Melbourne*  
Prof. Doreen Rosenthal. Study to understand Victorian women's experiences of unplanned pregnancy and abortion in order to improve the mental health of women, their partners and family planning.

**Increasing access to economic resources for mental health and wellbeing**

*Individual projects supporting increased access to economic resources*

**Indigenous school-to-work project Shepparton/Mooroopna**  
\$20,000.00  
*Ganbina: Koorie Economic Employment Training Agency*  
A project to enhance mental health and wellbeing through ensuring continuity between school, training and the workplace as a means of achieving employment for Indigenous youth.

**Research addressing increased access to economic resources**

*Research Fellowship*

**Managing employment pathways to reintegrate older workers**  
\$105,000.00  
*Swinburne University of Technology*  
A/Prof. Libby Brooke. This project extends the Finnish 'work ability' framework, enabling unemployed and injured older workers, retirees and volunteers to participate in employment. By engaging stakeholders across employment, rehabilitation and health services, interventions supporting ability and positive ageing will be developed.

*PhD Scholarship*

**A profile of adolescent problem gambling: Risk and protective factors informing prevention strategies**  
\$8,600.00  
*La Trobe University*  
Ms Sophia Vasiliadis. A project to identify and explore gambling activities among young people in Victoria.

**Strengthening policy and practice in mental health promotion**

**The McCaughey Centre: The VicHealth Centre for the Promotion of Mental Health and Community Wellbeing**  
\$1,250,000.00  
*University of Melbourne*  
Professor John Wiseman. The purpose of this Centre is to create and share knowledge about the social, economic and environmental determinants of community wellbeing and mental health. The Centre also hosts the Community Indicators Victoria project, which supports the development and use of local community wellbeing indicators.



## Onemda Koori Health Unit

VicHealth has funded and supported this leading centre of excellence in Aboriginal health research since 1999. The quality of the centre’s work and its commitment to the Koori community’s input and guidance has led to success in attracting additional funding and the development of innovative partnerships.

Funding from the Commonwealth government has allowed Onemda to continue its network development with workers and Aboriginal communities working in Indigenous tobacco control.

Onemda’s Committee of Deans of Australian Medical Schools project achieved a number of milestones, including: establishment of the Leaders in Indigenous Medical Education network; negotiating a new Indigenous health curriculum for all medical students; and raising Indigenous student recruitment and retention standards.

Onemda was awarded funding through the Public Health and Education Research Program to extend previous work on Indigenous public health curriculum.

Onemda’s research agenda has seen a range of multidisciplinary projects implemented in collaboration with community partners. Highlights include publication of a series of papers on indicators of health for Indigenous peoples in Australia, Canada and New Zealand and the release of the community report: *Koori Kids’ Ears and Health*.

Post-Doctoral Research Fellow Dr Kylie Cripps was honoured with an invitation to deliver the annual Rob Riley memorial lecture for 2006 at Curtin University, Perth; and Dr Priscilla Pyett co-edited the first Australian Indigenous health issue of the prestigious *Journal of Sociology*.

Onemda has proudly appointed three Elders as patrons: Aunty Joan Vickery, Aunty Joy Murphy and Uncle Kevin Coombs. Onemda’s community relationships were also enhanced through formal relationships with the Victorian Aboriginal Community Controlled Organisation (VACCHO) and the Koorie Cultural Heritage Trust.

## PROGRAM INVESTMENTS SPECIFICALLY TARGETING HEALTH INEQUALITIES

The issue of health inequalities is an overarching theme of VicHealth’s program work. This means that all of our health promotion programs look to reduce health inequalities and this influences our funding patterns. A substantial amount of policy work has been undertaken in the last 12 months to assist program staff to understand the levers and program logic that most effectively address health inequalities.

Following are some projects that are expressly focused on the issue of health inequalities, not tied to any particular program.

### HEALTH INEQUALITIES

#### Individual projects to reduce health inequalities

##### Infrastructure Development Support

\$40,000.00

*Changemakers Australia*

Project to consolidate the infrastructure of Changemakers Australia, which focuses on educating the philanthropic and corporate sectors about effective investments to bring about sustainable change.

##### VicHealth Inequalities

##### Network Secretariat

\$40,000.00

*Monash University*

The establishment of a Network of representatives of key government and non-government organisations and researchers to foster partnerships and collaborative activity between health researchers and those responsible for policy and program development in other relevant sectors. The purpose of the Network is to improve capacity in Victoria to translate findings from research pertaining to health inequalities into policy and practice.

#### RESEARCH TO REDUCE HEALTH INEQUALITIES

##### Research Fellowships

##### Developing sustainable Aboriginal health research practice

\$100,000.00

*The University of Melbourne*

Dr Priscilla Pyett. This project supports a researcher to work in partnership with Aboriginal communities to implement and evaluate an innovative program of research reform that will improve ethical, relevant and sustainable research practice in Aboriginal health, build research capacity and ultimately lead to improved health outcomes for Aboriginal peoples.

##### Health, development and wellbeing of young children in Victoria

\$100,000.00

*Deakin University*

Dr Elizabeth Waters. This research uses epidemiological data on the health, development, and wellbeing of young children in Victoria to review and develop evidence-based public health interventions in childhood.

##### Health inequalities, governance and participation

\$130,000.00

*Monash University*

Dr Bebe Loff. This project aims to promote health and wellbeing from a health inequalities and human rights perspective, by examining the legal and broader regulatory environment to determine strategies for future policy and law reform.

##### Intervening early: Young people, families and community

\$100,000.00

*The University of Melbourne*

Dr Shelley Mallett. Early intervention programs for vulnerable young people and their families are currently divided between governments and across service sectors, resulting in replicated services and significant service gaps. This research provides an evidence base to support the development of cross-sectoral, early intervention policies and services for this marginalised population.

##### Promoting the mental health of children living in low income families: Developing a theoretical and evidence-based framework & intervention

\$105,000.00

*Deakin University*

Dr Elise Davis. The overall aim of this fellowship is to build a cutting-edge, innovative research program in the field of mental health promotion, with a focus on child health inequalities.

#### Research Projects

##### Inequalities & health

\$15,000.00

*The University of Melbourne*

Dr Anne Kavanagh. The Australian Health Inequities Program addresses social and economic determinants of health and aims to build capacity in multidisciplinary population health research by increasing the understanding of the complex social, economic and environmental factors that contribute to health inequities, and improving policy, programs and practice designed to reduce these inequities.

#### HEALTH INEQUALITIES RELATED CONFERENCE SUPPORT

##### 1st National Conference on Gender & Health Inequalities

\$2,500.00

*The University of Melbourne*

This conference brings together diverse disciplines and sectors to provide directions on how to consider gender and health inequalities in research, policy and practice agendas.

##### Australian Sudanese Youth Conference

\$5,000.00

*The University of Melbourne*

This conference brings together diverse disciplines and sectors and Sudanese young people across Victoria and interstate to discuss issues such as language, education, training, employment, racism, housing and transport faced by these young people.

##### Women and Work Choices, A Policy Forum

\$5,000.00

*Disability Employment*

*Action Centre Inc.*

This roundtable brings together FFW, VCROSS, The Victorian Women’s Trust and senior practitioners and policy makers to discuss the impact on long-term unemployed and disadvantaged women of the new industrial relations legislation. The introduction of Parent Activity Agreements on 1 July 2007, which will require over 250,000 sole parents to join the job market, reinforces the need for analysis of these issues. The roundtable will inform the development of a media kit and future policy advocacy activity.