RESOURCES

RESOURCE TYPE	AUTHOR(S)	TITLE	DATE	AVAILABLE AT
Framework	National Institute for Occupational Safety and Health	*Essential elements of effective workplace programs and policies for improving worker health and wellbeing*	2008	www.cdc.gov/niosh/docs/2010-140
	Health & Productivity Institute of Australia	*Best-practice guidelines: Workplace health in Australia*	2010	www.hapia.com.au
	World Economic Forum	*Working towards wellness: Accelerating the prevention of chronic disease*	2007	www.weforum.org
	World Health Organization	*Healthy Workplaces: A model for action: for employers, workers, policymakers and practitioners*	2010	www.who.int/occupational_health/healthy_workplaces/en
	Noblet, A.J. & LaMontagne, A.	'The challenges of developing, implementing and evaluating interventions'	2009	*Oxford Handbook of Organisational Wellbeing*
	Hart, P.M. & Cooper, C.L.	'Occupational stress and well-being'	2001	*Handbook of Industrial, Work and Organizational Psychology (vol 2: Personnel Psychology)*
Research	Australian Bureau of Statistics	*Australian Social Trends 2011: Work and health*	2011	www.abs.gov.au
	C3 Collaborating for Health	*Workplace health initiatives: Evidence of effectiveness*	2011	www.c3health.org
	Australian Government Comcare	*Effective health and wellbeing programs*	2010	www.comcare.gov.au
	The Work Foundation	*The business case for employees health and wellbeing*	2010	www.investorsinpeople.co.uk
	State Government Victoria Department of Health	*Workplace health promotion: Case studies for creating a supportive environment for health*	2011	www.health.vic.gov.au/prevention
	State Government Victoria Department of Human Services	*Primary prevention of chronic disease in Australia through interventions in the workplace setting: An Evidence Check rapid review*	2008	http://docs.health.vic.gov.au/docs/doc/Primary-prevention-of-chronic-disease-in-Australia-through-interventions-in-the-workplace-setting:-a-rapid-review
	Government of Western Australia Department of Sport and Recreation	*Healthy active workplaces: Review of evidence and rationale for workplace health*	2009	www.dsr.wa.gov.au/2906
Website	Australian Government Department of Health and Ageing	Healthy Workers Initiative	2012	www.healthyworkers.gov.au

THE FOLLOWING RESOURCES RELATE TO WORKPLACE HEALTH PROMOTION IN GENERAL, RATHER THAN FOCUSING ON SPECIFIC HEALTH ISSUES.

Although the content of the table is not exhaustive, a range of resources are provided for health promotion practitioners, including frameworks to guide practice, research reports and resource kits.

To access the series of international evidence reviews published by VicHealth in 2012 addressing stress, prolonged sitting, violence against women, alcohol-related harm and race-based discrimination at work, visit **www.vichealth.vic.gov.au/workplace**

RESOURCE TYPE	AUTHOR(S)	TITLE	DATE	AVAILABLE AT
Resource kit	Australian Capital Territory Government	*Guide to promoting health and wellbeing in the workplace*	2012	www.healthierwork.act.gov.au
	National Heart Foundation of Australia	*Healthy workplace guide: 10 steps to implementing a workplace health program*	2011	www.heartfoundation.org.au/active-living/get-active/Pages/Workplace-wellness.aspx
	Queensland Government Department of Justice and Attorney-General	*Work health planning guide*	2013	www.deir.qld.gov.au/workplace/workers/healthy-workers/planning-guide/index.htm
	Government of South Australia SA Health	*Healthy Workers Healthy Futures Toolkit: A step by step guide to developing your workplace health and wellbeing program*	2012	www.sahealth.sa.gov.au/healthyworkers
	Government of Western Australia Department of Sport and Recreation	*A resource kit for physical activity and health in the workplace*	–	www.dsr.wa.gov.au/workplaceresourcekit
	WorkCover Tasmania and Tasmanian Government Department of Health and Human Services	*Your simple guide to workplace health and wellbeing*	2012	www.workcover.tas.gov.au
	WorkSafe Victoria	*Healthy Workplace Kit: Your guide to implementing health and wellbeing programs at work*	2010	www.workhealth.vic.gov.au/workplace-programs/healthy-workplace-kit
Conference paper	European Network for Workplace Health Promotion	Luxembourg Declaration on Workplace Health Promotion in the European Union	2007	www.enwhp.org
		Bangkok Charter for Health Promotion in a Globalized World	2005	www.who.int/healthpromotion/conferences/6gchp/bangkok_charter/en
		Seoul Declaration on Safety and Health at Work	2008	www.seouldeclaration.org
Program	Victorian Government Department of Health	Health Together Achievement Program: Healthy workplaces and workforces	2012	www.health.vic.gov.au/prevention/achieve_workforce.htm
Public statement	Australian Government Department of Health and Ageing	*Joint statement of commitment: Promoting good health at work*	2011	www.healthyworkers.gov.au/internet/hwi/publishing.nsf/Content/joint-statement-toc

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- VicHealth, 2007, *Preventing violence before it occurs: A framework and background paper to guide the primary prevention of violence against women in Victoria*. Victorian Health Promotion Foundation, Melbourne.

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