

1. You aren't getting on well with the new female leader at work. In a discussion with colleagues, someone says, "She's taking on all the worst traits of the men at that level. She's trying to be like them. It's just sad to watch someone becoming a bitch to get ahead"

WHAT'S YOUR REACTION AND WHY?

Would you want to say or do something? If so, what?

What are the barriers to taking action?

2. A male colleague asks his manager for annual leave and includes you in the conversation as you'll be covering his work while away. He's wanting to take five Fridays off, rather than a full week of consecutive days, so he can look after his daughter while his partner works. Your manager sighs and says, "Really? Yes, OK. Just make sure you bring us in some home made cup cakes, too"

WHAT'S YOUR REACTION AND WHY?

Would you want to say or do something? If so, what?

What are the barriers to taking action?

3. You join a mixed group in the tea room and a guy tells this joke:

"As an airplane is about to crash, a female passenger jumps up frantically and announces, 'If I'm going to die, I want to die feeling like a woman.' She removes all her clothing and asks, 'Is there someone on this plane who is man enough to make me feel like a woman?' A man stands up, removes his shirt and says, 'Here, iron this!'"

WHAT'S YOUR REACTION AND WHY?

Would you want to say or do something? If so, what?

WHAT IF THE JOKE HAD BEEN:

"Why do women have legs? So they can get from the bedroom to the kitchen"

Is it better/worse/the same? Why?

What are the barriers to taking action?

4. You're out for work drinks and a woman says, "Have you seen that funny nappy ad where the guy is absolutely hopeless. So typical – just spot on!" and three other women laugh and agree.

WHAT'S YOUR REACTION AND WHY?

Would you want to say or do something? If so, what?

What are the barriers to taking action?

5. A mixed group is standing around a computer as a problem is solved. A female solves it with knowledge of the technology. Male colleague says, "Awesome! You should have been born a man!"

WHAT'S YOUR REACTION AND WHY?

Would you want to say or do something? If so, what?

What are the barriers to taking action?

6. In a discussion about who will take on a three month acting position, a woman says, "It will suit Phil. He's the only bloke in the team and probably the only one who wants a promotion."

WHAT'S YOUR REACTION AND WHY?

Would you want to say or do something? If so, what?

What are the barriers to taking action?

7. You are walking past the kitchen where a junior female employee is making coffee and chatting with colleagues. When she says she's needing an extra strong coffee this morning, one of the colleagues says quietly to another, 'The boyfriend probably got a workout last night.'

WHAT'S YOUR REACTION AND WHY?

Would you want to say or do something? If so, what?

What are the barriers to taking action?