

Food Programme Quotes (sample)

- This is not just a bag of food. It's a bag of Hope. (male, 52)
- God Bless all at WOW.
- Nobody can ever know how much this food means to me. It's saving my life, knowing someone cares.
- W.O.W! deserves a medal. I'm telling the government this.
- Can you thank everyone and tell them I woke up happy today? I'm not worrying so much now.
- I'm eating foods that I never ate when I was employed and it's great. Thanks.
- In my case I find the greatest expense to be education for the kids still at school so any money I save I put towards school costs.
- I saw cherries in the shop but they are too expensive. Then you gave me some. I ate just two each time - to make the happiness last.
- "This is not just a bag of food you know. It's a bag of Hope." (Male)
- Thanks for all the food. The money I've saved helped me get my tooth fixed. Been sore for 8 months." (Female)
- With age, and poor health, my feet have changed and I needed new shoes but I couldn't afford them. I've been saving money on food and now I have new shoes. They were on sale – 50% off - so I bought TWO pair! Thank you!!!!!" (Female)
- Thank you for food days. It saves me money. There is very little I need to buy at the supermarket because of the variety of items I receive through W.O.W!" (Female)
- As you know, because of health reasons I have to eat only Organic or Biodynamic foods. This becomes very expensive and I often don't buy dairy. Yesterday you gave me not only organic milk and yoghurt but some organic bananas and sweet potatoes. And last time I got organic cheese. What a blessing this is. Thank you." (Female)
- Remember when I first contacted you and you offered me food? I said we didn't need help but then you said you had fruit and veges suitable for our chooks. This kept me coming back and you gave me leftover bread and dairy as well. Eventually you convinced me to join. I really needed help all along and the food for my chooks was such good quality that we used it ourselves. My wife says you tricked me into thinking it was for the chooks. Is this true? If so, thank you for tricking this silly, proud old bugger. The food days are great fun and I wish we'd joined earlier." (Male)

- Being unemployed for years is hard. Then I found W.O.W! and you helped me with food. I'll tell you now. Before I found W.O.W! I was going to kill myself.” (Male)
- Thanks for making me feel like a man and not like a beggar. Being able to help pack food and be with others really helps my mental state. And doc says my blood pressures gone down. Asked what I'm doing differently and I told her about wow. She wants to know if she can send two other people.”

