

# Leading health promotion research

Research changes lives. This category recognises a Victorian researcher/team that has conducted invaluable research, contributing significantly to our knowledge about what works to prevent chronic disease and improve health and wellbeing.

### **Key dates**

| Tuesday 14 September 2021 | Nominations open at 10:00am AEST             |
|---------------------------|--|
| Friday 1 October 2021     | Nominations close at 6:30pm AEST             |
| October/November          | Nominations assessed                         |
| December                  | Finalists announced                          |
| Early 2022                | 2021 Victorian Health Promotion Awards event |

### **Entry requirements**

- Most of the work associated with the nomination must have been completed between **1 July 2019** and **30 June 2021**.
- All entries must relate to organisations, initiatives and/or individuals doing work that benefits the health and wellbeing of the Victorian community through health promotion.
- Health promotion is the act of supporting governments, communities, and individuals to cope with
  and address health challenges to prevent disease and to improve health and wellbeing. We're
  looking for projects that improve physical and mental health by tackling issues such as access to
  healthy food, keeping communities active and bringing people together to prevent loneliness and
  social isolation. We're also interested in projects that have helped to reduce harm from things like
  alcohol, junk food, drugs, smoking and gambling.
- We won't be considering research initiatives on the prevention or treatment of specific diseases or addictions.
- This award is an ideal opportunity for early career researchers. Applying for this award may help advance the health promotion research sector and be an added benefit to a young researcher's CV.
- The judges' decision will be final.
- The entrant acknowledges and agrees that VicHealth may reproduce, broadcast and communicate materials submitted for the purpose of promoting the award.

### **Assessment criteria**

Entries will be judged on the following:

Criteria for Leading health promotion research

Info we need from you

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#### • Summary (max. 150 words / max. 1 min)

- In your summary, tell us:
  - Why are you nominating this research? What problem or knowledge gap did it address?

#### • Research description (max. 250 words / max. 2 mins)

- Tell us about your research including:
  - What did your research aim to discover?
  - Outline how you conducted the project?
  - Did you have policy or practice research partners what role did they play in the research?
  - Did your research look at a particular population group?
- Outcome (max. 250 words / max. 2 mins)
  - In your outcome, tell us:
    - What were the key findings of the project?
    - Were there any challenges you had to overcome?
    - How have you shared your findings?
    - Who is using the output from your research?
    - How will your research contribute towards policy or practice change to improve the health and wellbeing of the Victorian community?

### How to enter

- Submit your nomination online at <u>https://awards.vichealth.vic.gov.au/</u>
- All nominations must be submitted through the online platform.
- Nominations can either be:
  - Written (through the online platform) OR
  - Video (recorded on your device (camera, smartphone, tablet etc) then uploaded on the online platform

## **Need more information?**

- Website <u>https://www.vichealth.vic.gov.au/awards</u>
- *Telephone* (03) 9667 1333
- Email events@vichealth.vic.gov.au