



NIGHT TIME

Things we like to do

Night Time – Things We Like To Do

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About This Project

The Picture Book Program 2016 is a partnership between two branches of the City Communities Group within the City of Melbourne – Community Services (Family Services) and Arts Melbourne (ArtPlay). The program is designed to engage families from within the municipality. It aims to encourage an awareness and enjoyment of literacy and the creative process, in a fun and supportive environment. The illustrations, text, and music in this book were created by the attending families, using everyday materials, curiosity, and experimentation. The result is a book and a song to be enjoyed again and again.

Family Services

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Playgroup Support: Edith Nicolas and Debra Sedlarevic

ArtPlay

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Songwriting Artist: Nina Laitala

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ARTPLAY

FAMILY
SERVICES



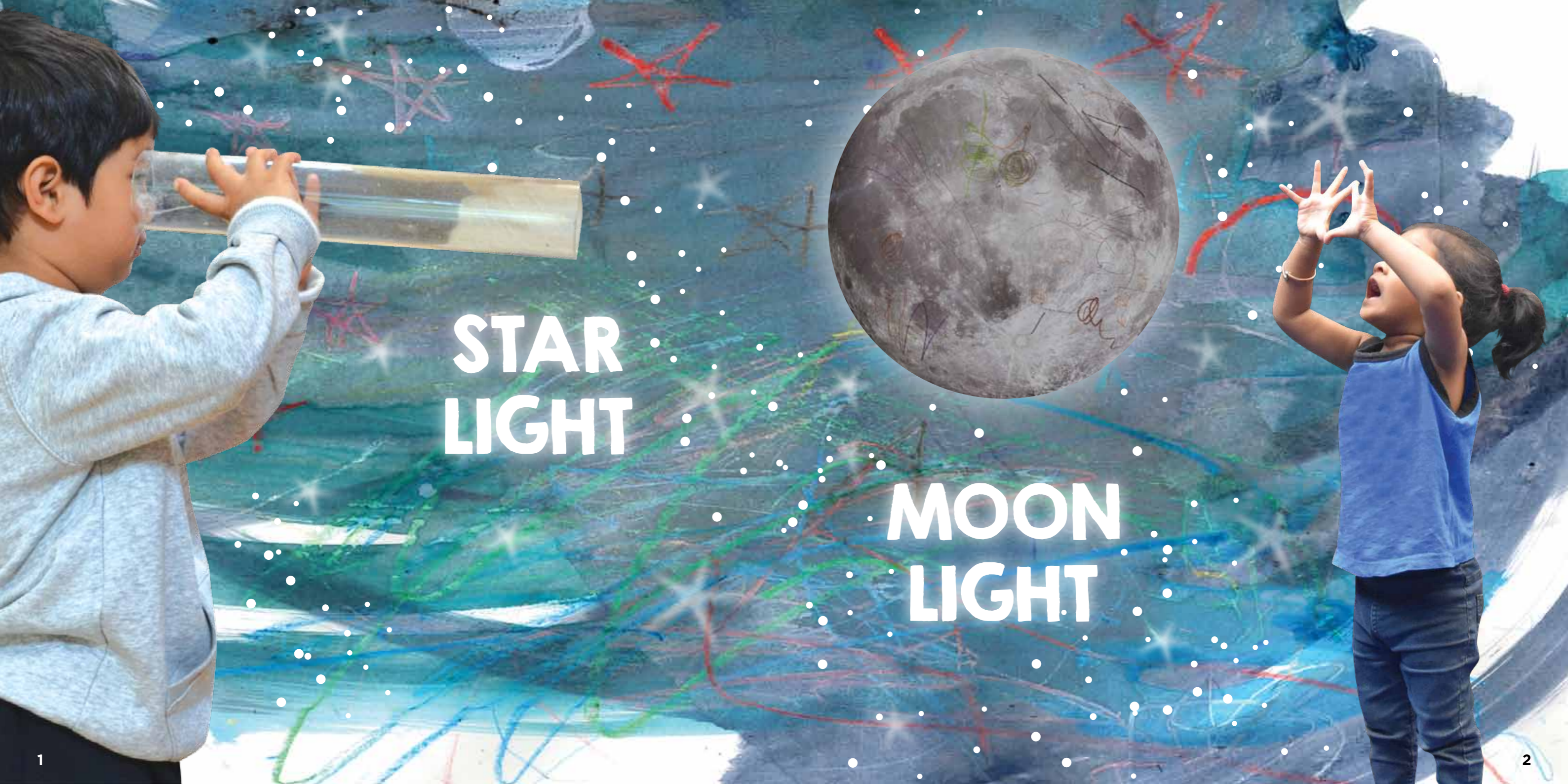
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NIGHT TIME

Things we like to do



**STAR
LIGHT**

**MOON
LIGHT**

Mama
sings a
lilting
lullaby

Drawing pictures
with the stars
in the sky




FAIRY
LIGHTS

STREET
LIGHTS





Listening to
stories all
about me

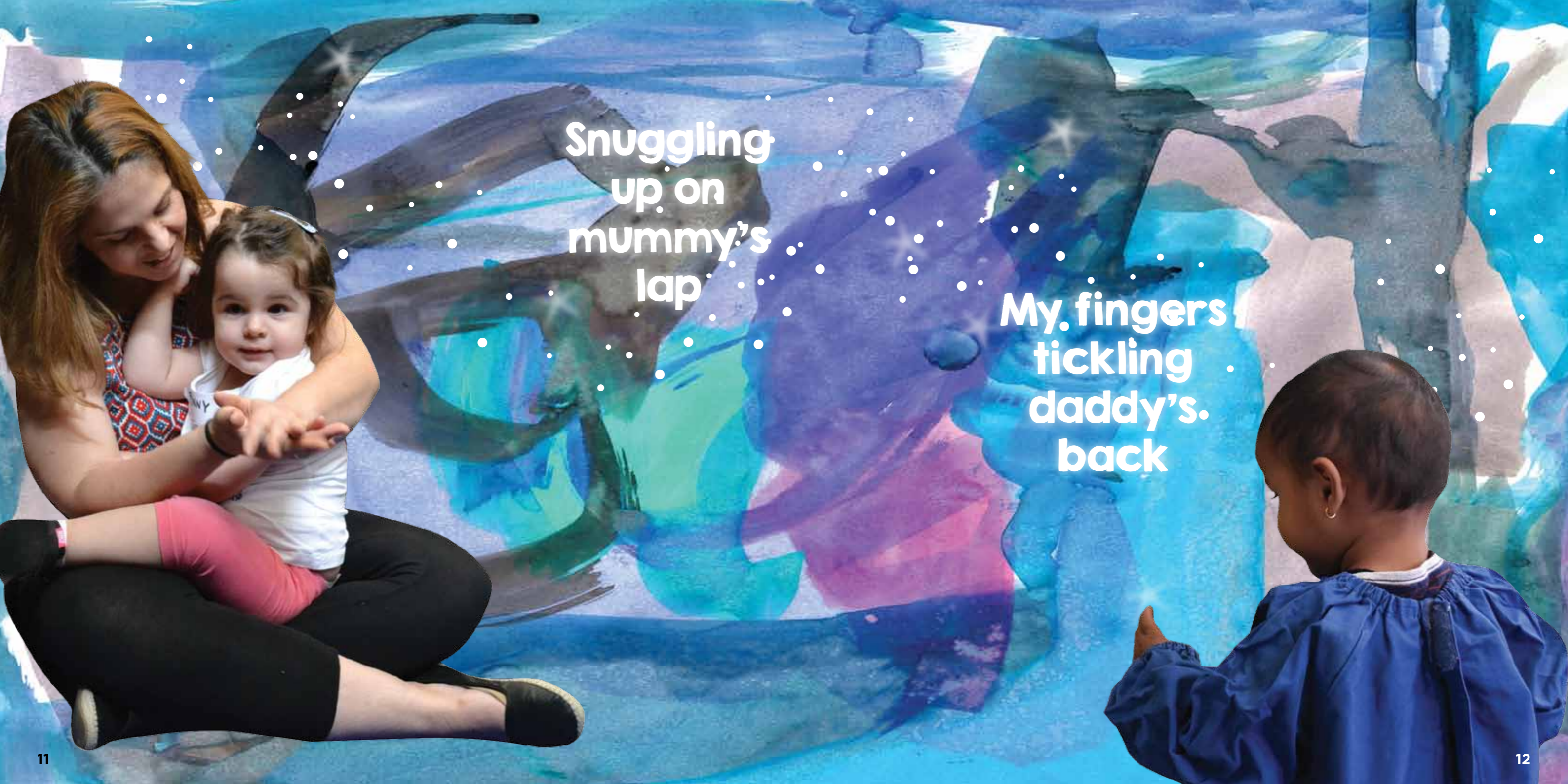


Splashing in
the bath with
Mr Ducky

HEAR A DRUM

HEAR A HEARTBEAT





Snuggling
up on
mummy's
lap

My fingers
tickling
daddy's
back

HEAR
THE RAIN

HEAR
THE MUSIC



Milk turns
me into a
bedtime fairy

Tucked up
in between my
family with teddy



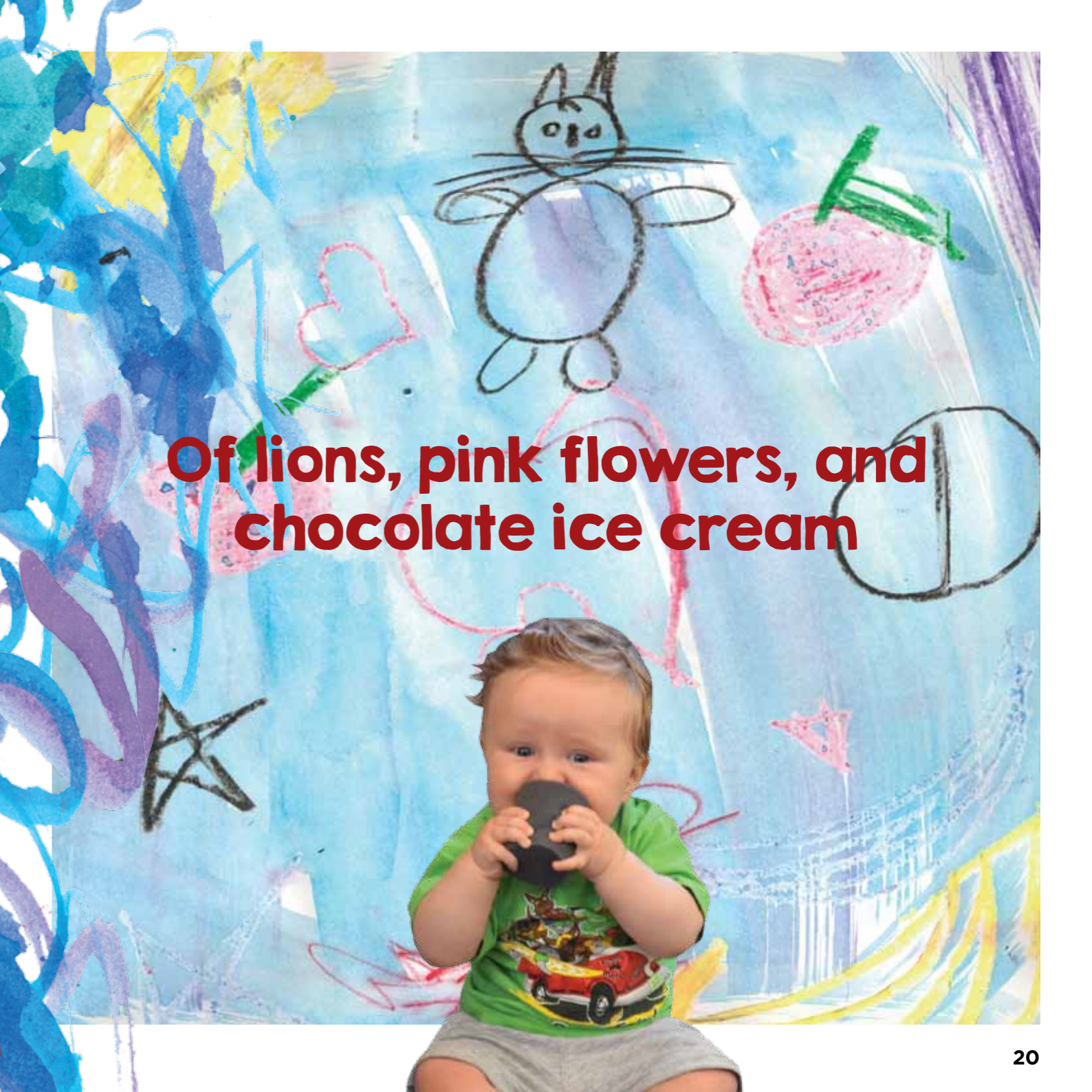
A young girl with her hair in a ponytail, wearing a blue sleeveless shirt and dark jeans, stands on the left side of the page. She is holding a white marker and drawing on a large wall. The wall is covered in a dense, colorful pattern of scribbles in shades of blue, red, purple, and green. The overall scene is vibrant and artistic.

**NIGHT
LIGHT**

**DIM
LIGHT**



**Everyone's
asleep
now I can
dream**



**Of lions, pink flowers, and
chocolate ice cream**



Activities



GALAXY PLAYDOUGH

You will need:

- 1/2 cup salt
- 1 cup plain flour
- 2 tablespoons cream of tartar
- 1 cup water
- 1 tablespoon oil
- Red, blue and yellow food colouring
- Silver glitter

Instructions:

Mix all ingredients in a saucepan over medium heat until doughy. To get a dark midnight colour: use a lot of blue, some red, and a small amount of yellow food colouring (add more as you go if you need). Next, tip it out and knead until you're happy with the texture. Lastly, add the glitter!



SALAD SPINNER PAINTING

You will need:

- Salad spinner
- Washable paint in "squeeze" bottles
- Small paper plates

Instructions:

Place a paper plate inside the salad spinner and have your child drop a few globs of paint anywhere on the plate. Place the lid on and give it a fast spin, your child will love this bit! Open the lid and take a look inside at your spin art! Carefully pull out the plate and let it dry.



DID YOU KNOW?

These creative activities help children develop fine motor skills, working the muscles in their fingers and hands. They also promote concentration and focus, developing the child's attention span.

Things We Like To Do At Night Time Lyrics

FOLLOW THIS LINK TO SING ALONG:

<https://soundcloud.com/artplay-picture-book/things-we-like-to-do-at-night-time>

Star light
Moon light

Mama sings a lilting
lullaby
Drawing pictures with
stars in the sky

Street lights
Fairy lights

Milk turns me into
a bedtime fairy

Tucked up in between
my family with teddy

Curling my fingers
around my hair
Cuddling with papa in our
favourite chair

Hear the rain
Hear the heartbeats

Snuggling up on
mummy's lap
My fingers tickling
daddy's back

Hear a clock
Hear drums

Listening to stories
all about me
Splashing in the bath
with Mr Ducky

Everyone's asleep
now I can dream
Of lions, pink flowers, and
chocolate ice cream

Soft pillow
Sweet dreams
Silence
Goodnight

DID YOU KNOW?

Singing with children helps develop their vocabulary and language skills. Music in the home is soothing and promotes family bonding.



**Star light
Moon light**

We've been thinking about
things we like to do at night time!

We like...

**Listening to stories all about me
Splashing in the bath
with Mr Ducky**

What do you like?

**Listen to our
song online and sing
along with the lyrics at the
back of the book.**

**Families love to create cosy and
familiar bedtime rituals.
The things we like to do at night
time help us slip into a sound
and restful sleep.**