

MOVING TO EMPOWER



2R FOUNDER JACINDA RICHARDS WITH TYLER, 6, JONAH, 8, AND RIVER, 4. PICTURE: SHAWN SMITS



JACINDA RICHARDS, YVON BIAH, WITTE BETHK, NUGEL AND MANA BUKAZIBER (FRONT)

The new year kicked off in Sunshine to the rap of hip hop last Friday as participants in Brimbank council's B-active@Pollard program loosened up under instruction by L2R trainers. Residents should keep a close eye on what's on at the RT Pollard Gardens with a swag of fun activities being held on a weekly basis until the beginning of May. Upcoming activities include Tai Chi on January 14, street soccer and basketball on January 15, and Mini Maestros, a fun and educational



Next Gen still hip to hop

The streets of Sunshine just got a little more vibrant with the arrival of the next generation of L2R Next Gen. The group will run free hip-hop classes at the YWCA of the Yule Carrs Hall for people aged 15 to 25 every Tuesday during the school term, from July 24. The group's president, Jacinda Richards, says dance is a language everyone speaks. "These workshops aim to foster a sense of fun, joy and creativity in young people's lives, while promoting social connections, mental and physical health and respect for

