

# Preventing violence against women

Addressing the social and economic determinants of mental and physical health

### **Short course details**

Time: 9.30 am - 4.30 pm

(Registration starts at 9.15am on Day 1)

Venue: VicHealth

15-31 Pelham Street Carlton, 3053

Cost: \$375.00 per participant - paid on reception

of invoice prior to the course

# **Application process**

Please complete the application form and send to: <a href="mailto:capacitybuilding@vichealth.vic.gov.au">capacitybuilding@vichealth.vic.gov.au</a>

# **Further information**

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Please note: spaces are limited. This course is expected to fill so please apply early. You will need to be available for the FULL TWO DAY course.

# Purpose

This two-day short course will provide practical knowledge and build skills among participants in how to stop violence against women before it starts.

### **Focus**

This course will equip participants to build environments within organisations and across communities that foster and maintain safe, equal and respectful gender relations.

The short course also provides the opportunity to strengthen and develop partnerships between organisations and across sectors to support the planning and implementation of activity to prevent violence against women.

### Who should attend?

The short course has been designed for people coming from diverse occupational areas, sectors and settings, including: social policy, health, community, education, workplaces, local government, arts, sports and faith.

# What will I learn?

The course will introduce participants to:

- The nature and impact of violence against women on individuals and communities
- The underlying causes and factors that contribute to high rates of violence against women
- The case for prevention and for developing strategies that can stop violence against women before it occurs
- A framework for understanding how to address violence against women and to create environments that are safe, inclusive and supportive of women
- Promising practice examples, tools and resources in 'doing prevention' across sectors and settings
- Approaches to project planning and evaluating what works in preventing violence against women.

Please note that along the continuum of mental and physical health and illness activity, this course focuses on promotion and prevention.

Promotion

Prevention

Early intervention

Treatment

Rehabilitation

