

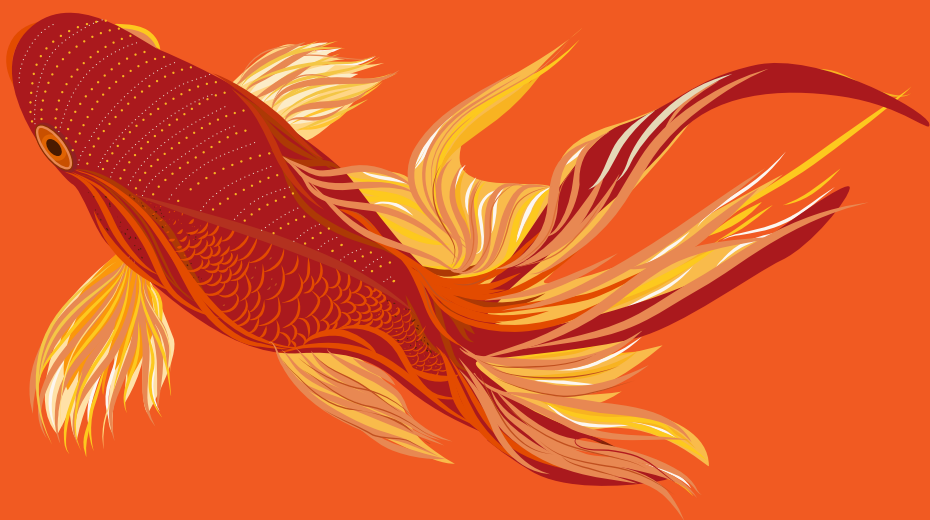
Barwon Region Tour /
August 2016



Reel Health
International
Short Film
Festival

When we first created Reel Health we were looking for a symbol of health. The aim of the festival was to provide a platform for people who wanted to make comment, start a conversation or tell a story about healthcare and the health industry. We wanted something that people would remember and then ask the question: Why a koi?

The koi was chosen as an emblem as it represents prosperity and longevity and to have these one needs wellbeing and good health. By keeping your koi healthy, you can expect them to live anywhere between 50 and 75 years. Some say that koi can live for nearly 200 years.



Jonathan Green

Jonathan Green,
Reel Health Film Festival Director

Welcome to the 2016 Reel Health International Short Film Festival – Barwon Region Tour.

It is a great pleasure to return to the Barwon Region after being welcomed so generously last year. The 2015 event was our first major scale tour and was only possible due to wonderful local support from the area. The manner in which the greater community rallied around the Reel Health concept was remarkable, and reinforced our belief that health is an important, ongoing conversation that can be delivered in a distinctive and entertaining format. I can honestly say that we took lessons away from last year's tour that have strengthened the festival for the future.

I would like to take this opportunity to thank Peter Kelly and the entire Barwon Region Tour Working Group for again committing to Reel Health. It is a significant amount of work to bring this all together, and they have done so with great enthusiasm and respect for the festival. It is a partnership of which I am very proud.

The films you will see featured at the Reel Health Premiere Night late last year. These are the winning and highly commended submissions from the 2015 festival, and demonstrate the variety of styles and subjects that we receive every year. From fun and quirky, through to thoughtful and bold, these films all tell genuine stories of health that engage audiences and promote conversations in a meaningful and personal manner.

For those of you who attended last year, you may notice a few small changes to the Reel Health look and feel. Our festival branding received a significant makeover in 2015 with a contemporary look that reflects our images and objectives. All credit must go to graphic designer Christian Langstone, who created all of this work pro bono. He is a wonderful addition to the team, and has helped raise the position of Reel Health as a legitimate international film festival.

Although we have matured as a festival, we still operate on the generosity of our sponsors and volunteers, and I would like to thank everyone involved in bringing Reel Health to life – and then furthering our reach through this wonderful tour. As many of you know, Reel Health is independently funded, and so greatly values your support and recognition in order to keep active into the future. If you would like to contribute to Reel Health as a volunteer, or to provide skills or financial support, we would love to hear from you through reelhealthfilm@monashhealth.org

As I write this, the 2016 Reel Health International Film Festival is in full swing, with some exceptional submissions already received. Hopefully, we can return to the Barwon Region next year to share this next collection of amazing films. To keep up to date with news and potential touring information, please visit www.reelhealthfilm.com

I hope you enjoy the films.

Barwon Region Tour

Reel Health International Short Film Festival

Featuring a selection of award-winning and highly-commended submissions from the 2015 Festival, this event celebrates the engaging nature of film to communicate real stories of health with great passion and meaning.

Program



1/ My Great Uncle Peter (Australia)

Running time: 8.54 minutes

Directed and produced by
Corinne Maunder

Determined not to be overtaken by old age, Peter Ward drives a truck a few mornings a week delivering fresh produce from the farm to Woolworths. His attitude to life, and determination to remain active, is an inspiration to everyone he meets.

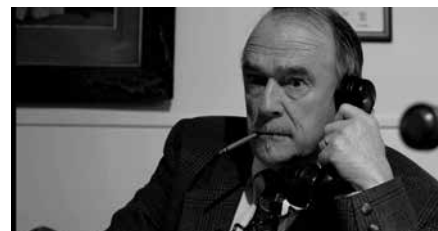


2/ Bob Spells Backwards (USA)

Running time: 2.13 minutes

Directed and produced by
Ryan Maxey and Josh Polon

When he was little, Bob would mumble to himself and get lost in his thoughts. His parents believed he may be autistic. As an adult the "strange combo of letters and words" running through his brain has uncovered a unique skill - Bob can spell backwards.



3/ Obsolete (Australia)

Running time: 12.30 minutes

Directed by **Jay Perry**

Produced by **Royce Behin**

Donald is thrown into the complexities of new technology when told he has to entertain his needy grandson, Little Jimmy. The intense mental battle that rages in his brain has a strange resemblance to a dysfunctional 1940s office, but it may just see him through.



4/ Helen Dolphin (UK)

Running time: 6.20 minutes

Directed and produced by
Jordan Stebbings

At 22 years of age, Helen Dolphin contracted meningococcal septicaemia. A late diagnosis of the illness resulted in more than 100 operations and left her with a significant disability; however she remains determined to live a full life - including her regular sessions at the pool.



5/ The Apple of My Eye (Spain)

Running time: 13.00 minutes

Directed and produced
by **Josecho de Linares**

Zurdo always had a special relationship with his grandmother; however, as he got older and left town to study they lost contact. On the last day of summer he struggles to visit her with the fear that he may not see her again.



6/ We're Having a Baby (UK)

Running time: 1.52 minutes

Directed by **Katy Davis**

Produced by **Hurricane Media**

The elation of having a baby leads to excited thoughts about what lies ahead. The heart-breaking moment when told that your child has a life-limiting condition leaves an empty and lost sensation. The support and help of others can help to savour the time together.

Program (continued)

Intermission (5 minutes)



7/ Dotty (NZ)

Running time: 10.48 minutes

Directed by Mick Andrews and Brett O’Gorman

Produced by Jozsef Fityus

Seated on her bed in a run-down nursing home, Dotty is desperate to send a text message to her daughter but is having trouble with the phone. When her morning cup of tea arrives, Dotty manages to enlist some help for her battle with technology.



8/ Abdul (Australia)

Running time: 2.30 minutes

Directed by Ben McEwing

Produced by Jess O’Farrell

Abdul and his wife Lubna were forced to escape certain death in Pakistan, fleeing to Australia as asylum seekers. After struggling with illness and despair in their adopted country, they reached out for help – and now are helping others with a sense of purpose and belonging.



9/ Blame (UK)

Running time: 3.15 minutes

Directed by Katy Davis

Produced by Alex Francis

Utilising the audio of renowned author and public speaker Brené Brown, this animation explores the concept that blame is merely a way to discharge anger. When we are busy trying to make connections to determine who’s to blame, we are not truly listening with empathy.



10/ The Voice in the Head (UK)

Running time: 11.49 minutes

Directed by Cyrus Trafford

Produced by Peter Sinclair, Heidi Carmichael, Josh Mallalieu and Cyrus Trafford

A group of students are sitting a psychology examination at university. Using a peculiar experience and observations, a young woman sets out to answer the question, “If sanity and insanity exist, how shall we know them?” with a response that may be more personal than she realises.



11/ Therapy (Canada)

Running time: 2.29 minutes

Directed and produced by Remzi Can Erdem

An untraditional fable of sadness and hope, *Therapy* follows the journey of a depressed whale that is struggling in its life. Unable to cope, it strands itself on a beach; however, an unlikely support appears to persuade the whale to return to the ocean.



12/ Down the Stream (Vietnam)

Running time: 4.03 minutes

Directed and produced by Chi Mai

The children who live on the Mekong River provide an extraordinary insight into the health and wellbeing of many people in Vietnam. Their childlike exuberance warms hearts, while their worldly knowledge at such a young age reminds us all of the challenges for the future.

“Barwon Health is proud to sponsor with Monash Health in bringing the Reel Health Film Festival to the Barwon Region.”

Acknowledgements

Sponsors:



Key partners:



Festival Jury: Grant Davies; George Habib, Dr Erwin Loh, Brent Masters, Timothy Matthews, Gerard McCulloch, Dr Annie Moulden and Bronwyn Raso

Festival Director: Jonathan Green

Festival Graphic Designer: Christian Langstone

Reel Health is an initiative of Monash Health

www.reelhealthfilm.com

MonashHealth



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