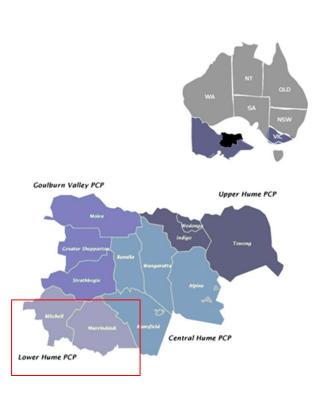
"STAYING VISIBLE AND OPTIMISING CONNECTIONS"

Jaimie Poorter

Coordinator Service Development and Projects

Lower Hume Primary Care Partnership (LHPCP)

Lower Hume catchment



LHPCP covers the Lower Hume catchment which:

- Includes Mitchell and Murrindindi Shires.
- Murrindindi has mainly rural populations, while Mitchell has both rural and outer suburban growth populations.
- The public dental clinic is situated in Seymour near the central boarder of both Shires.
- There is public transport services within Mitchell (both train and bus), but limited in Murrindindi.
- Murrindindi has 1 private dental clinic in Alexandra and Mitchell has 7 across Wallan, Kilmore, Broadford and Seymour.

Background to Smiles 4 Miles Program Coordination

2012

- Smiles 4 Miles program coordinated by another organisation in Mitchell shire from 2007-2012.
- 12 services registered, but had become disengaged with the program.
- Limited health service or community partnerships.
- No referral pathways between the program or with registered early year services.

2012 to 2016

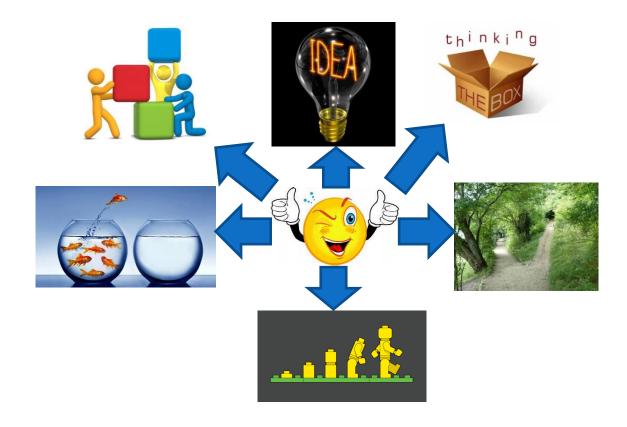
- LHPCP began coordinating the Smiles 4
 Miles program in late 2012 in both Mitchell
 & Murrindindi Shires.
- By 2016 40 early childhood services registered and all engaged with 70 % currently awarded (n= 28).
- Referral pathways developed.
- Partnerships between Hume Region
 Smiles 4 Miles coordinators, local services and community groups.

Building capacity and partnerships

* Feels like this:

* Should involve this:





Building coordinator capacity and partnerships in Lower Hume

Coordinator Service Development and Projects (LHPCP)



27 hours/week across three portfolios including 4 hours dedicated to Smiles 4 Miles



 Member of Integrated Health Promotion working groups



Member of Smiles 4
Miles working groups
(Hume Region and
State)



- Relationships with Health services:
- Public dental clinic.
- Diabetes Educator.
- Dietitian.
- Private Dental Clinics
- Local Government

Building early childhood service and community capacity and partnerships

Smiles 4 Miles Coordinator: provides training, assistance, resources, idea, newsletters, connections and information regarding Smiles 4 Miles, oral health and healthy eating.



14 Maternal and Child Health Centres



Reach children and families through visits.



6 Private dental clinics



4 provide dental visits to ECS in Mitchell Shire.



40 Early childhood services registered.



Reach 1778 children and their families are engaged and educated.



Public dental clinic referral pathways.

Community groups provide edible garden mentoring to 3 kindergartens.

Successes & Outcomes

Smiles 4 Miles included as a priority in key plans:

- ✓ LH PCP Integrated Health Promotion plan.
- Municipal Public Health and Wellbeing Plans.

Maternal and Child Health Centres have received:

- ✓ Smiles 4 Miles resource kits
- training (5 nurses trained)
- first mothers group healthy eating and oral health workshops.
- public dental referral postcards to hand out at visits.

Key messages further promoted through:

- ✓ Library Smiles 4 Miles story time sessions and resource kit.
- Annual Mitchell Shire Health and Wellbeing Expos
- Children's week events
- Annual Murrindindi Shire Children's Network Conference
- The communities latching onto breastfeeding campaign within Mitchell Shire
- Hume region public dental referral postcard
- Hume region drop box for sharing of Smiles 4 Miles documents, idea and resources.

Participation in state-wide Reference group meeting to:

- ✓ Provide feedback from all 4 Hume Region coordinators
- Inform and assist developing referral tools, strategic plan and strengthening links with the Achievement Program.









Successes & outcomes for dental services

Outreach

- Rumbalara Dental Service outreach program
- Royal Flying Doctors service outreach pilot in Murrindindi

Private

- 6 private dental clinics support the Smiles 4 Miles program
- 4 private dental clinics within Mitchell Shire do annual dental visits at registered services.

Public

- Agreement to utilise all four Smiles 4 Miles referral documents at varying times throughout the year.
- Recently been placed on the public dental clinic staff meeting agenda.



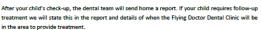


Free Dental Check-Ups - coming to your kindergarten

The Flying Doctor Dental team will be visiting your child's kindergarten to provide FREE dental check-up: and education about healthy teeth and gums.

These check-ups complement the Smiles 4 Miles* program which your kindergarten is participating in this year. Smiles 4 Miles is an initiative of Dental Health Services Victoria to improve the oral health of Victorian

If you would like your child to have a FREE dental check-up, please complete the consent form and return it to your child's kindergarten.



The Flying Doctor dental team provides dental check-ups and treatment in kindergartens, schools residential aged care facilities and community centres in rural and remote towns throughou

Any information collected about your child will be treated confidentially and will only be shared with other members of the program team.

If you require any further information about the Flying Doctor Dental Clinic, please contact the dental team on (03)8412 0444 or dental@rfdsvic.com.au

* For more information on the Smiles 4 Miles program, visit https://www.dhsv.org.au/oral-health-programs/smiles4miles









Successes & outcomes for early childhood services

- All registered services have Smiles 4 Miles resource kits which include giant teeth and toothbrush, oral health and healthy eating promoting books, display packs and other oral health information.
- All registered services have built capacity to implement the program and complete award documentation with little assistance from the coordinator.
- √ 40 early childhood services registered and all engaged with 70% (n=28) currently awarded.
- 7 Cluster kindergartens created or developed an edible garden and 3 of these were successfully linked to community group mentor to sustain.
- 1 service received advanced standing for the Achievement Program's healthy eating and oral health, physical activity and sun protection benchmarks.





Challenges

- Registering of referrals on titanium to evaluate impact
- Alignment with the achievement program







THANK YOU







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