

Special Olympics Gymnastics Resource Videos

Women's Gymnastics Routines

http://www.gymnastics.org.au/GA/Shared_Content/Get_Involved/Start_Gymnastics/WAG_Special_Olympics_Videos.aspx

The screenshot displays the Gymnastics Australia website interface. At the top left is the logo for Gymnastics Australia. To its right is a navigation menu with links for ACT, NSW, NT, QLD, SA, TAS, VIC, and WA, under the heading "Choose your State". Further right are links for "Contact" and "Sign In", and a search bar labeled "Keyword Search". Below the header is a main navigation bar with links for "About Us", "News", "Gymsports", "Get Involved", "Club Development", "Events", "High Performance", "Gymshop", and "Courses". The "Get Involved" link is highlighted. Below this is a breadcrumb trail: "Home » Get Involved » Start Gymnastics » Special Olympics". To the right of the breadcrumb is a "Share this page" button with social media icons for Facebook, Twitter, and YouTube. On the left side, there is a "Get Involved" sidebar menu with the following items: "Find a Club", "Start Gymnastics", "Special Olympics", "Coaches", "Judges", "Technical Membership", and "International Projects". The main content area features three video thumbnails. The first is titled "Special Olympics - WAG Level 1 Floor" and shows a young girl in a black leotard performing a routine on a blue mat. The second is titled "Special Olympics - WAG Level 1 High Beam (exa..." and shows a girl performing on a wooden high beam. The third is titled "Special Olympics - WAG Level 2 Uneven Bars (Hi..." and shows two girls on uneven bars. At the bottom of the page, there is a text link: "To view all the Special Olympics Gymnastics routines please [click here](#):".

Men's Gymnastics Routines

http://www.gymnastics.org.au/GA/Shared_Content/Get_Involved/Start_Gymnastics/MAG_Special_Olympics_videos.aspx

The screenshot displays the Gymnastics Australia website interface. At the top left is the logo for Gymnastics Australia. To its right is a navigation menu with links for ACT, NSW, NT, QLD, SA, TAS, VIC, and WA, along with 'Choose your State', 'Contact', and 'Sign In'. A search bar labeled 'Keyword Search' is also present. Below the header is a main navigation bar with links for 'About Us', 'News', 'Gymsports', 'Get Involved', 'Club Development', 'Events', 'High Performance', 'Gymshop', and 'Courses'. The 'Get Involved' link is highlighted.

The main content area shows a breadcrumb trail: Home » Get Involved » Start Gymnastics » Special Olympics. To the right of the breadcrumb is a 'Share this page' button with social media icons for Facebook, Twitter, and Email.

On the left side, there is a 'Get Involved' sidebar menu with the following items: Find a Club, Start Gymnastics (with a sub-link for Special Olympics), Coaches, Judges, Technical Membership, and International Projects.

The main content area features three video thumbnails:

- The first video is titled 'Special Olympics - MAG Level 1 Floor' and shows a male gymnast in a blue leotard performing a squat on a blue mat.
- The second video is titled 'Special Olympics - MAG Level 1 High Bar (exam...)' and shows a male gymnast in a blue leotard performing a routine on a high bar.
- The third video is titled 'Special Olympics - MAG Level 2 Parellel Bars' and shows a male gymnast in a blue leotard performing a routine on parallel bars.

Below the video thumbnails, there is a text link: 'To view all the Special Olympics Gymnastics routines please [click here](#):'.

At the bottom of the page, there is a link: '[Men's Artistic Gymnastics \(MAG\) Level 1 routines](#)'.