

VicHealth Research Priorities

To be considered for funding, projects MUST address at least one of the priorities outlined below:

Healthy eating

VicHealth will prioritise funding of research that can contribute to the reduction of overweight and obesity, poor diet and nutrition-related health inequities in Victoria. VicHealth particularly welcomes submissions that will develop the evidence base for interventions enabling healthier food choices, specifically: limiting consumption of discretionary foods; reducing sodium intake, and increasing fruit and vegetable consumption.

Physical activity

VicHealth will prioritise funding of research that can help increase Victorians' participation in sport, walking and physical activity, and reduce their sedentary behaviour. VicHealth recognises the social determinants of these behaviours and prioritises action for those who are inactive or somewhat active. VicHealth welcomes submissions addressing social, environmental, technological and demographic trends relevant to these issues.

Tobacco

VicHealth will prioritise funding of research that can help reduce smoking in Victoria, particularly by developing approaches for smokers who are unable or unwilling to quit and/or population groups where smoking rates are disproportionately high. VicHealth welcomes submissions exploring the characteristics and context of such smokers and population groups, and developing the evidence base for associated harm reduction and cessation strategies.

Alcohol

VicHealth will prioritise funding of research that can help advance action to prevent risky drinking behaviours, associated harms and inequities in Victoria. VicHealth particularly welcomes submissions that can advance our understanding of alcohol cultural change through whole of population or community-level interventions that could help improve alcohol-related social norms and behaviours.

Mental wellbeing

VicHealth will prioritise funding of research that can help strengthen resilience among children and young people in Victoria. We are interested both in building evidence for more effective implementation of existing policies and programs, and in developing new approaches that respond to the contemporary context of children and young people in Victoria. VicHealth welcomes submissions focusing on the building of resilience in specific settings such as families, schools, workplaces and the digital world, and that address associated issues of health equity.

Health promotion

VicHealth will prioritise the funding of research that will help strengthen health promotion activity across Victoria and/or across multiple strategic imperatives. VicHealth welcomes submissions that can enable practical responses to contemporary or emerging challenges of direct relevance to the VicHealth Action Agenda for Health Promotion.