
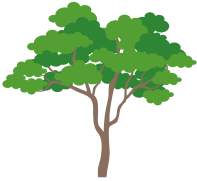





Name ..... Class .....

<p><b>1. I've seen a bird</b> What colour is the bird?</p>	
<p><b>2. I've seen a tree</b> What colour are the leaves?</p>	
<p><b>3. I've seen a flower</b> What colour is the flower?</p>	
<p><b>4. I've seen the sun</b> What colour is the sun?</p>	
<p><b>5. I've seen the sky?</b> What colour is the sky?</p>	
<p><b>6. I've seen a...</b> What colour was the...</p>	
<p><b>7. I've seen a...</b> What colour was the...</p>	

Name .....

Class .....

Before going for a 3-legged walk write down 3 questions you want to ask your partner

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

After your walk answer these questions

1. How did it feel walking with three legs?

\_\_\_\_\_

2. What did you find out about your partner that you didn't know before?

\_\_\_\_\_

3. What were some of the exciting things you saw on your walk?

\_\_\_\_\_

4. Did you find something at your school that you haven't seen before?

\_\_\_\_\_

5. What items did you find on your scavenger hunt?

\_\_\_\_\_

Think of some ways you can use your treasures to decorate your shoes and write your ideas in the boxes below. Some ideas could be to use your treasure as a stencil, a stamp or a paint brush or to draw the object on your shoe.


Write some questions you could ask your friends and family if you walk to school together

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_

Name .....

Class .....

## First day of walk to school

Complete these questions:

### Sport

1. How many times a week do you play sport?

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2. How does playing sport make you feel (happy, tired, excited etc.)?

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3. Why do you like playing sport (friendships, being in the water, playing in a team etc.)?

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### Driving to school

1. How many times a week do you get driven to school?

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2. How does being driven make you feel (happy, tired, excited etc.)?

---

3. What do you talk or think about on the way? (what happened today, what's outside etc.)

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### Walk, ride and scoot to and from school

1. How many times a week do you walk, ride or scoot to and from school?

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2. How does walking, riding or scooting make you feel (happy, tired, excited etc.)?

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3. Why do you like walking, riding or scooting to school (friendships, being active, share stories etc.)

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4. What do you talk or think about on the way? (what happened today, what's outside etc.)

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Name .....

Class .....

## Last day of walk to school

Complete these questions:

### Sport

1. How many times a week do you play sport?  
\_\_\_\_\_
2. How does playing sport make you feel (happy, tired, excited etc.)?  
\_\_\_\_\_
3. Why do you like playing sport (friendships, being in the water, playing in a team etc.)?  
\_\_\_\_\_

### Driving to school

1. How many times a week do you get driven to school?  
\_\_\_\_\_
2. How does being driven make you feel (happy, tired, excited etc.)?  
\_\_\_\_\_
3. What do you talk or think about on the way? (what happened today, what's outside etc.)  
\_\_\_\_\_

### Walk, ride and scoot to and from school

1. How many times a week do you walk, ride or scoot to and from school?  
\_\_\_\_\_
2. How does walking, riding or scooting make you feel (happy, tired, excited etc.)?  
\_\_\_\_\_
3. Why do you like walking, riding or scooting to school (friendships, being active, share stories etc.)  
\_\_\_\_\_
4. What do you talk or think about on the way? (what happened today, what's outside etc.)  
\_\_\_\_\_

### What did you learn?

1. Looking back over the last month, do you think walking, riding or scooting to and from school has helped you?  
\_\_\_\_\_
2. If you walked to school, did you learn anything new from your friends and family?  
\_\_\_\_\_
3. When you get to school in the morning, do you feel any different after walking instead of driving?  
\_\_\_\_\_
4. How do you feel you have helped your class with their walk to school tally?  
\_\_\_\_\_
5. Will you try to walk, ride or scoot to school more often?  
\_\_\_\_\_
6. Now compare your answers to your ones in the time capsule. Has anything changed?  
\_\_\_\_\_