# Expanding Boundaries, Expanding Horizons

**Ecological Challenges to Health Promotion** 





## VicHealth – who we are and why we are interested

- **Statutory** authority
- #Established under the Tobacco Act 1987
- **#Promote health of Victorians**



#### VicHealth Vision

- A community where:
- **#Health** is a fundamental human right;
- Everyone shares in the responsibility for promoting health; and
- **Everyone benefits from improved health** outcomes



#### VicHealth Mission

- To build the capabilities or organisations, communities and individuals in ways that:
- **Change social, economic, cultural and physical environments** to improve health for all Victorians; and
- Strengthen the understanding and the skills of individuals in ways that support their efforts to achieve and maintain health



### Health promotion – our emphasis

- **Social** model of health
- #Health is not just the absence of disease
- #Health is not just the domain of the health sector
- Strong emphasis on working in partnership with individuals and organisations from a wide variety of sectors





#### Strategic Directions 2003-2006

- **#Physical activity**
- Mental health and wellbeing
- **XTobacco control**
- #Health inequalities
- **#Health eating**





## Links with our current activity

- **CLEI** (International Council for Local Environmental Initiatives)
- Healthy built environment workshops and Urban design guidelines
- #Planning Institute of Australia Victoria
- **\*Walking School Bus**
- **#Green Gyms**
- **Sense of Place**
- **\*\*Art and Environment**
- #Food For All



## Links with our Current Activity

- **Exactly 1** Leading the Way integrated planning tool (built/physical, social, economic, natural environments)
- **\*Koori spiritual and emotional wellbeing**
- \*\*Water and health of a community
- **#Building resilience**
- **XTobacco control**
- **X** Nature and health





#### Beginning not an end

- #First of a series of conversations and initiatives
- Write up of some of the key themes for a range of audiences
- #Feed into our strategic planning for 2006-2009



VicHealth

#### Presentations

- ControlContro
- #Dr Colin Butler ANU
- **\*\*A Prof Pierre Horwitz –**Edith Cowan Uni
- \*\* Ms Glenda Verrinder –
  La Trobe Uni



